Module Home

**Outline­**

**Parents**:

Supporting Learning During the COVID-19 Pandemic

* Module Description: This resource offers tips to support your child’s learning at home during the COVID-19 pandemic.
* Link: Padres: Apoyo del aprendizaje durante la pandemia del COVID-19 [IRIS Module]

Challenge

* Video: Parents, by now, you know the drill: Learning from home has…

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Initial Thoughts

* As a parent, what is my role, and what can I do to best support my child’s education?

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Perspectives & Resources

* Module Objectives
* Link: Your role in supporting your child’s learning [web page]
* Link: How to get your child ready for learning at home [web page]
* Link: How to set routines and behavior expectations for your… [web page]
* Link: How to find out what your child should be learning… [web page]
* Link: Tips for supporting your child in reading [web page]
* Link: Tips for supporting your child in math [web page]
* Link: How to support your child socially and emotionally [web page]
* Link: Ways to support learning for you child who has… [web page]
* Link: How to prepare your child for in-person learning [web page]

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* Page 1: What Is My Role?
* By now, it’s a routine we know all too well. As schools and districts…
* Keep in Mind
* It means that you… [bullet points]
	+ Link: For information on getting your child ready… [web page]
	+ Link: For more about how to find out what your child… [web page]
	+ Link: For more information on how to support your… [web page]
* Tips
* Keep in Mind

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* Page 2: How Do I Get My Child Ready to Learn?
* Maybe your child is learning virtually this year….
* Creating a Learning Space
	+ Tip: Limit Common Distractions
	+ I have several children and a small living... [drop-down menu]
	+ How can I minimize the number of distractions… [drop-down menu]
	+ Helpful Resources
		- Link: How can I help my elementary child stay… [PDF]
* Link: ¿Cómo puedo ayudar a mi hijo(a) que asiste a la escuela… [PDF]
* Link: How can I support my teen while he learns online? [PDF]
* Link: ¿Cómo puedo apoyar a mi hijo(a) adolescente durante… [PDF]
* Link: How can I keep my teen engaged while she learns online? [PDF]
* Link: ¿Cómo puedo mantener a mi hijo(a) adolescente… [PDF]
* Link: My child says she doesn’t like online learning. How can I help? [PDF]
* Link: Mi hijo(a) dice que no le gusta la enseñanza virtual. ¿Cómo… [PDF]
* Link: Motivating Children to Do Their Homework: Parent’s Guide… [PDF]

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* Page 3: How Do I Set Routines and Behavior Expectations for My Child?
* At the beginning of each school year, teachers intentionally spend…
* Set a Routine
	+ Keep in Mind
	+ Age/Length of Activity [table]
* Tip
	+ Offer a mix of activities
		- Link: For more on finding resources, see Page 4 [web page]
		- Link: For more on how to support your child… [web page]
	+ Tweak the schedule as needed
		- Resources to Create a Routine and Schedule
			* Link: Elementary Routine [drop-down menu]
			* Link: Elementary Schedule [drop-down schedule]
			* Link: Middle and High School… [drop-down menu]
			* Link: Middle and High School… [drop-down menu]
			* Link: Click for a blank form to get started [Word doc]
			* Link: Click for example schedules from… [web page]
			* Link: Click to read a short article about… [web page]
		- My younger children are having… [drop-down menu]
			* Link: Click for an example [PDF]
		- My child frequently asks for help [drop-down menu]
			* Link: For ideas on how to support a… [web page]
		- My child is having trouble staying… [drop-down menu]
* Set Expectations for Behavior
	+ My child is doing other things when he’s… [drop-down menu]
		- Link: For a blank behavior contract, click here [PDF]
	+ My child is playing computer games or on… [drop-down menu]
		- Link: IOS devices [web page]
		- Link: Android [web page]
	+ Helpful Resources
		- Link: How can I help my elementary child stay… [PDF]
		- Link: ¿Cómo puedo ayudar a mi hijo(a) que asiste… [PDF]
		- Link: How can I support my teen while he learns… [PDF]
		- Link: ¿Cómo puedo apoyar a mi hijo(a) adolescente… [PDF]
		- Link: How can I keep my teen engaged while she… [PDF]
		- Link: ¿Cómo puedo mantener a mi hijo(a)… [PDF]
		- Link: My child says she doesn’t like online learning… [PDF]
		- Link: Mi hijo(a) dice que no le gusta la enseñanza… [PDF]
		- Link: Supporting Families with PBIS at home [PDF]
		- Link: Using Rewards to Improve Behavior [PDF]

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* Page 4: How Do I Find Out What My Child Should Be Learning?
* Now that they have a bit of experience with managing… [bullet points]
* As a parent, part of your role is to keep up with what… [bullet points]
* Stay in Contact with Your Child’s Teacher or School
	+ To keep up with what your school or district is… [bullet points]
	+ High School Seniors
* Support Learning Opportunities Provided by the School
	+ Link: Conversation Starters for Discussing Teaching… [web page]
	+ Link: For more on how to remove distractions, see… [web page]
	+ Link: For more on how to create a schedule, visit… [web page]
* Find or Create Learning Opportunities for Your Child
	+ Keep in Mind
	+ For Your Information
	+ When you choose an activity, make sure your child… [bullet points]
	+ Link: For more information on supporting a child… [web page]

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* Page 5: How Can I Support My Child in Reading?
* You might be in a situation where you child gets reading instruction…
* Supporting Learning at Home
	+ Link: For more information on getting your child ready… [web page]
	+ Link: For more information on how to do this… [web page]
	+ Link: For more about how to find out what your child… [web page]
	+ Link: For more on how to support your child socially… [web page]
* My child doesn’t like reading, finds it difficult, or… [drop-down menu]
* My young child is just learning to read [drop-down menu]
	+ Link: For a video on how to creatively practice [YouTube]
	+ Link: For more ideas on how to play with words… [web page]
	+ For more activities to help your child with sounding… [YouTube]
	+ Link: For more information on how to talk about… [web page]
* My child is a slow reader and makes a lot of mistakes [drop-down menu]
	+ Link: For ideas on how to sit and read with your child… [web page]
	+ Link: To watch a parent ask her child questions while… [YouTube]
* My child has trouble understanding what he reads [drop-down menu]
	+ Link: Click for more information to help your child… [web page]
	+ Link: To watch a parent help her child summarize… [YouTube]
	+ Link: For more information on partner reading… [PDF]
	+ Link: Click to learn more about asking and… [PDF]
	+ Link: Click to watch a parent help her son with new… [YouTube]
	+ Link: Learn more about identifying the main idea… [PDF]
* Helpful Reading Resources
	+ Link: How Can I Help My Teen with Their Reading Skills… [PDF]
	+ Link: Supporting Your Child’s Reading at Home [PDF]
	+ Link: Tips for Supporting Reading Skills at Home [PDF]

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* Page 6: How Can I Support My Child in Math?
* There are probably plenty of thoughts going through your head right…
* Supporting Learning at Home
	+ Link: For information on getting your child ready to… [web page]
	+ Link: For more information on how to do this… [web page]
	+ Link: For more about how to find out what your child… [web page]
	+ Link: For more on how to support your child socially… [web page]
* Tip
	+ My child doesn’t like math, finds it hard, or… [drop-down menu]
	+ My young child is just learning to count [drop-down menu]
	+ My young child is just learning shapes [drop-down menu]
	+ My child has a hard time understanding basic… [drop-down menu]
		- For Your Information
		- Video: Addition
		- Video: Subtraction
		- Video: Multiplication
		- Video: Division
		- Helpful Resources about Using Visual Representations
			* Link: Using Visual Representations to Assist… [PDF]
			* Link: 7 Math Tools for Grade-Schoolers You… [PDF]
	+ My child has a hard time remembering basic… [drop-down menu]
	+ My child complains that I’m not explaining… [drop-down menu]
		- What Are Parents Saying?
			* Link: Math Homework Almost Broke Me [web page]
		- If you don’t understand how your child is… [bullet points]
			* Link: Khan Academy [website]
		- Link: Khan Academy [website]

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* Page 7: How Can I Support My Child Socially and Emotionally?
* You’re probably sick of hearing the term “the new normal”…
* Let’s take a quick look at each of them. [bullet points]
* Reducing Your Child’s Stress
	+ Keep in Mind
	+ Clues include changes, such as… [bullet points]
	+ My child is concerned about COVID-19 and… [drop-down menu]
		- Link: Center for Disease Control [website]
		- Link: Early Childhood [web page]
		- Link: Preschool [web page]
		- Link: Elementary [web page]
		- Link: Middle School [web page]
		- Link: High School [web page]
		- Link: High School and College Seniors [web page]
	+ My child is worried and is not acting like him or… [drop-down menu]
		- Link: Helping Children Cope with Emergencies [web page]
* Help Your Child Stay Connected to Friends and Family
	+ For Your Information
		- Link: 4 Tips for Talking to Your Kids about Good… [website]
	+ Your child can also connect with family and friends… [bullet points]
* Encourage Your Child to Be Active and Have Fun
	+ Link: For an example of how to add physical activity… [web page]
	+ Tip
		- Link: 9 Indoor Activities for Hyperactive Kids [web page]
		- Link: Distance Learning Is Emotional Work… [web page]
		- Link: Managing Anxiety as School Starts [PDF]

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* Page 8: What If My Child Has a Disability
* As part of their individualized education, students with disabilities…
* These might include… [bullet points]
* Stay in Touch with Your Child’s School
	+ For Your Information
		- Link: teletherapy [definition]
	+ To keep up with the latest updates… [bullet points]
* Discuss Special Education Services and Supports
	+ This includes… [bullet points]
	+ Review the IEP or 504 Plan [drop-down menu]
	+ Virtual IEP Meeting
		- For Your Information
			* Link: Center for Parent Information and… [website]
			* Link: Virtual IEP Meeting Tip Sheet [web page]
			* Link: Understanding IEPs [web page]
* Support Your Child’s Individualized Learning Needs at Home
	+ Fortunately, as with any parent who has a child… [bullet points]
		- Link: For more information on getting your… [web page]
		- Link: For more information on how to do this… [web page]
		- Link: For more about how to find out what you… [web page]
		- Link: For more on how to support your child… [web page]
	+ Keep in Mind
	+ Link: IEP Accommodations During Distance Learning [web page]
	+ My child has difficulty staying focused [drop-down menu]
		- What Are Parents Saying?
			* Link: My 5 Parenting Rules for Letting… [web page]
		- For Your Information
			* Link: TIES Center [website]
			* Link: Getting “Unstuck”: Tips to Help… [web page]
			* Link: Time Management During… [web page]
	+ My child doesn’t read well [drop-down menu]
		- Link: text-to-speech [definition]
		- Link: Bookshare account [web page]
		- For Your Information
			* Link: What Accessibility Settings on My… [web page]
			* Link: Android Accessibility Overview [web page]
			* Link: Apple Accessibility Support [web page]
			* Link: Google Accessibility [web page]
			* Link: Microsoft Word Accessibility [web page]
	+ My child has difficulty understanding what she… [drop-down menu]
		- For Your Information
			* Link: 7 Tips to Help Kids Understand… [web page]
		- Link: Page 4 [web page]
	+ My child has trouble following directions [drop-down menu]
		- For Your Information
			* Link: Why Some Kids Have Trouble… [web page]
			* Link: Slow Processing Speed… [web page]
	+ The instruction provided by the school is not… [drop-down menu]
		- Link: Bookshare [website]
		- Link: National Center on Accessible Educational… [website]
		- Link: National Center on Deaf-Blindness [website]
		- Link: National Deaf Center on Postsecondary… [website]
	+ Tip
	+ Helpful Resources
		- Link: Center for Parent Information and Resources [website]
		- Link: Vaccinations, Return to In-Person… [web page]
		- Link: Center on Positive Behavioral… [web page]
		- Link: 4 Resources to Support Students… [web page]
		- Link: Supporting Families with PBIS… [PDF]
		- Link: National Center on Improving Literacy [website]
		- Link: National Center on Intensive Intervention [website]
		- Link: Tips for Parents [PDF]
		- Link: Implementation of Reading Lesson… [YouTube]
		- Link: Implementation of Mathematics Lesson… [YouTube]
		- Link: Understood [website]
		- Link: Special Education and the Coronavirus… [web page]
		- Link: Coronavirus: Latest Updates and Tips [web page]
		- Link: U.S. Department of Education’s COVID… [web page]
		- Link: Questions and Answers on Providing… [PDF]
		- Link: Supplemental Fact Sheet Addressing the… [PDF]
		- Link: Office of Special Education Program’s… [website]
		- Link: Early Childhood Technical Assistance… [website]
		- Link: National Center for Systemic Improvement… [website]
		- Link: Practices and Resources to Support Parents… [PDF]
		- Link: Transition Coalition [website]
		- Link: “Instagram, Snapchat, TikTok, & Beyond”… [web page]

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* Page 9: How can I help prepare my child for in-person learning?
* Though most students returned to in-person learning at the beginning…
* Keep in Mind
* My child is worried about her health and safety [drop-down menu]
	+ Link: For more information about supporting your… [web page]
* My child has separation anxiety [drop-down menu]
* My child is nervous about social situations [drop-down menu]
* My child is not ready for school routines [drop-down menu]
	+ For Your Information
	+ Link: Back-to-School: A 4-Week Plan for a Great Start [web page]
* My child is struggling with his schoolwork
	+ Link: Khan Academy [website]
* My child is refusing to do work or go to school [drop-down menu]
* Helpful Resources
	+ Link: anxiety tracker [PDF]
	+ Link: anxiety pattern finder [PDF]
	+ Link: calming strategies worksheet [PDF]

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* Page 10: References & Additional Resources
* Suggested module citation
* References
* Additional Resources
* Page 11: Credits
* Module Developers
* Content Expert Reviewer
* Module Production Team
* Media

Wrap Up

* Summary of the module
* Planning checklist

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Assessment

* Take some time now to answer the following questions.

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You Have Completed This Module

* Give Us Your Feedback
	+ Link: Module Feedback Form
* Professional Development Hours
	+ Link: IRIS PD Options
* Related Resources [link]