

# Individual Treatment Plan

Name: Mario L.  
 ID Number: XXXXXX

Date: 10/15/XX

Program Length: 180 days

Age: 16

## Strengths

1. Motivated to make time here productive so he does not return.
2. Has family at home and wants to return to them.

## Needs

1. Improve math skills
2. Control strong negative emotions without the use of physical or verbal aggression

### Goal #1: Academic - Earn high school diploma or GED

Current Status	Action Steps	Benchmarks	Rewards	Date Goal Achieved
Two years behind grade-level peers after dropping out	<ol style="list-style-type: none"> <li>1. Improve math skills</li> </ol>	<ol style="list-style-type: none"> <li>1. Obtain a passing grade in math class.</li> </ol>	<ol style="list-style-type: none"> <li>1. Extra phone call home.</li> </ol>	
	<ol style="list-style-type: none"> <li>2. Study for GED</li> </ol>	<ol style="list-style-type: none"> <li>2. Pass two GED practice tests successfully.</li> </ol>	<ol style="list-style-type: none"> <li>2. 30-minutes of extra rec time per passed test</li> </ol>	
	<ol style="list-style-type: none"> <li>3. Take GED exam prior to release</li> </ol>	<ol style="list-style-type: none"> <li>3. Pass GED exam.</li> </ol>	<ol style="list-style-type: none"> <li>3. GED!</li> </ol>	

### Goal #2: Behavior - Anger management

Current Status	Action Steps	Benchmarks	Rewards	Date Goal Achieved
Lacks impulse control and coping skills	<ol style="list-style-type: none"> <li>1. Attend anger management program</li> </ol>	<ol style="list-style-type: none"> <li>1. Complete anger management program</li> </ol>	<ol style="list-style-type: none"> <li>1. Completion certificate</li> </ol>	
	<ol style="list-style-type: none"> <li>2. Learn to apply coping skills to deal with emotions and impulse control</li> </ol>	<ol style="list-style-type: none"> <li>2. Make it through 5 consecutive days without physical or verbal confrontation</li> </ol>	<ol style="list-style-type: none"> <li>2. Special snack</li> </ol>	