

Community Resources

for Individuals with Disabilities

In Eugene, Oregon and Surrounding Areas



Compiled by Students in
SPED 614: School-to-Careers

University of Oregon

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Community Mapping

Background Information



Transition to adulthood is an important stage in life for students with disabilities and their parents. Planning for transition provides parents with links to teachers, counselors, related service personnel, and post-secondary adult agency services.

Over the years parent and family involvement and interagency collaboration have been found to be consistent predictors of post-secondary success of young adults with disabilities. Parents provide foundation for the IEP team, keeping them grounded and focused on their child's individual

strengths, needs, and preferences. Parents offer a wealth of knowledge pertaining to their child's postsecondary and career ambitions and possible support needs, in addition to identifying particular friends, family members, or community members who could provide additional support. It is recommended that educators create a reliable alliance with parents in order to promote successful student outcomes.

Along with collaboration among schools and families linkage to postsecondary transition agencies is also a predictor of successful post-school adult living for students with disabilities. Adult service providers offer a critical support mechanism that drives transition and assists students with disabilities in smoothly transitioning to the next stage in life. Kochhlar-Bryant, Shaw and Izzo (2007) emphasize the importance that agencies collaborate and organize all appropriate resources to link the student with needed services in order to achieve postsecondary education, employment, and independent living goals as needed. They state that community organizations share responsibility for transition support services and provide students with the necessary supports to obtain positive post-school outcomes.

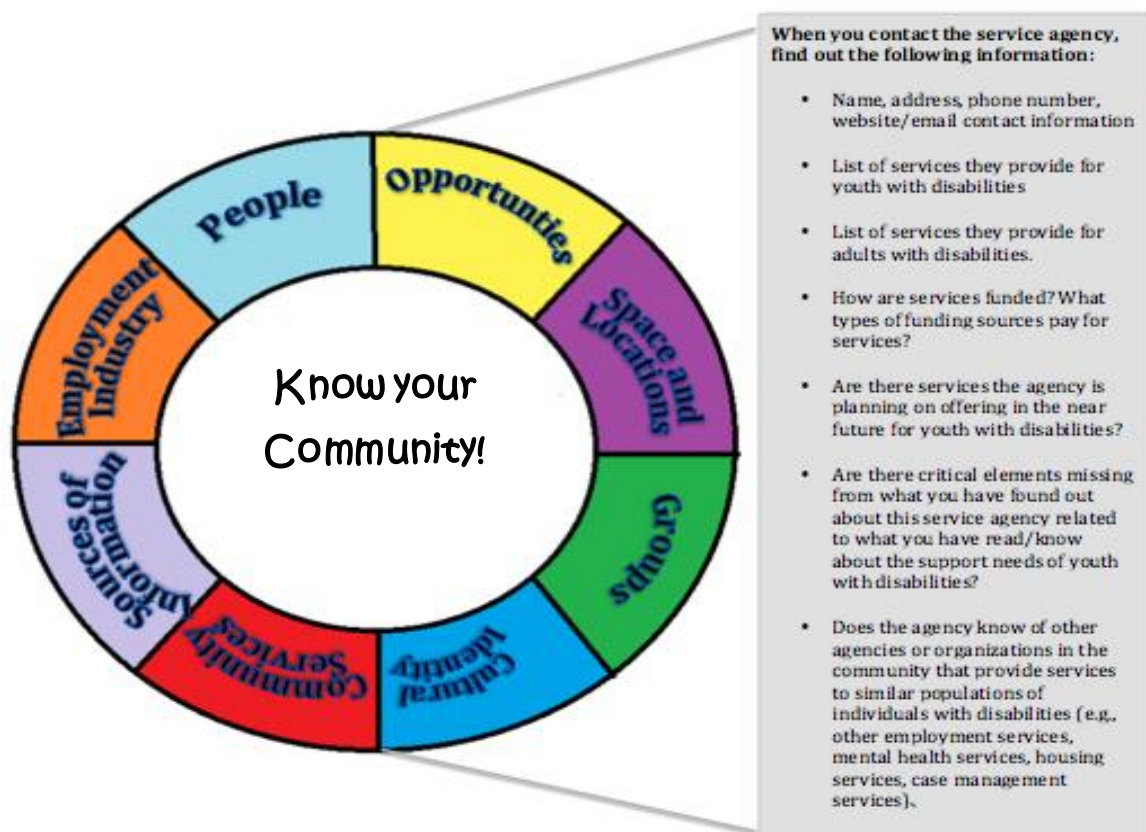
Community Mapping

The Process

Community Mapping is a process that enables community members (e.g., teachers, administrators, parents, youth) to identify existing services and organizations that will assist youth in reaching their desired post-school outcomes. It is a strategy that has been around for many years and has been referred as many names (e.g., asset mapping, resource mapping).

Community mapping is a process used by many groups at different stages to align resources and policies in relation to specific goals, strengths, and expected outcomes. For secondary transition, mapping youth services, supports, and community organizations has essentially three outcomes: (a) the identification of resources available to individuals' youth with disabilities in a particular community, (b) the identification of resources to sustain existing youth and adult services within a community, and (c) to the identification of resources to assist in creating and building capacity to support a more comprehensive community system of support for youth and adults with disabilities (see Crane & Mooney, 2005 for a full description of the process).

The purpose of this project was to provide students enrolled in SPED 614 at the University of Oregon the opportunity to investigate their communities and identify resources available to individuals' youth with disabilities. Step one of the Community Mapping process. The following is a compilation of all the resources they identified throughout the term.



Community and Independent Living

Abilitree			
Website	www.abilitree.org		
Phone	541-388-8103	(f) 541-389-2337	
Address	PO Box 9425		
City, State, Zip	Bend	Oregon	97708
Email	N/A		
Description	<p>Abilitree is a company that has been around for more than 30 years under the name of CORIL. The mission of the business is to empower people with disabilities to grow independence, productivity, and inclusion in community life. The supply support in independent living, supported living and through being a vocational services, where adults with disabilities are hired by outside companies through Abilitree to complete tasks for them. They are a non-profit organization, so most of the funding comes from donations. The service does not list any other agencies that offer services, but the list of services that they provide is very extensive, life transition, computer skills, drivers training just to name a few.</p>		

Arc of Lane County			
Website	www.arclane.org		
Phone	541-343-5256		
Address	4181 E. Street		
City, State, Zip	Springfield	Oregon	97478
Email	Pam.ring@arclane.org ; david.gibbs@arclane.org		
Description	<p>The ARC is a national wide non-profit organization that focuses its efforts on improving the lives of people who have mental retardation and/or developmental disabilities. Their service is family centered and support people's inclusion in the community. ARC also involved in the local agencies or programs.</p> <p>There are many services and program they can provide. Here is the list and brief description.</p> <p>1. Respite Services</p> <ul style="list-style-type: none"> ➤ Jump Start ➤ After-School program for school age children (5-17) with developmental disabilities. Program focuses on teaching social skills in a recreational setting. Participants engage in regular field trips into the community giving them an opportunity to utilize their social skills through community inclusion. ➤ Take a Break ➤ The program is geared toward families who have children ages 5 to 17 with developmental disabilities and their siblings. The program is designed to 		

	<p>give parents respite so they can take a break. Parents can register their children for the full 6 hours, or any time between 10:00 and 4:00 pm to fit your schedule. Staff ratio will be approximately 1 staff for every 5 children.</p> <ul style="list-style-type: none"> ➤ APLUS - Adult People Learning Useful Skills ➤ The Arc of Lane County's program, Adult People Learning Useful Skills, is a center based afternoon respite program designed to provide instruction and practice of useful skills in an environment that encourages independence and fosters cooperation. The APLUS Program is a chance to make friends, do arts and crafts, and learn social skills. <p>2. Families Connected</p> <p>Parent Dinner Meetings are held the last Wednesday of Each month from 6:00-8:00. While parents have the chance to relax and network, children will break up into small groups and enjoy a healthy meal and sensory related activities. They will have supervised access to the computer lab, art and sensory rooms as well as the library. During each monthly meeting there will be an educational program provided for parents with topics that are tailored to be important and relevant to your lives.</p> <p>3. Stepping Out</p> <ul style="list-style-type: none"> ➤ The Stepping Out program offers recreational opportunities to adults with developmental disabilities. All program decisions are driven by each person's individual preferences and needs. Over 30 adults are currently being served through the Stepping Out program. Participants engage in craft activities, enjoy their lunch, and immerse themselves in community outings. Brokerage funding may be used for this program.
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Behavioral Mental Health- Siletz			
Website	N/A		
Phone	800-648-0449	541-444-1030	
Address	200 Gwee-Shut Rd PO Box 320		
City, State, Zip	Siletz	Oregon	97380
Email	George Nagel, MSW		
Description	Services include individual and family counseling, hypnotherapy and consultation with provider referral. The mental health team also works with other providers, governmental agencies, other tribal groups and schools, in numerous matters related to mental health and social services. Consultation is available by appointment. Services are free of charge		

Bridgeway House			
Website	http://www.bridgewayhouse.org		
Phone	541-345-0805	(f)541-345-0855	
Address	3575 Donald Street		
City, State, Zip	Eugene	OR	97402
Email	bridgewayhouse@comcast.net		

Description	<p>The Bridgeway House is a service that helps children with autism and related disabilities while supporting their families. By working with a variety of professionals, teachers, consultants, and specialists, this program includes a wide array of services such as treatments, therapies, social groups, fitness classes, education, support groups and advocacy. The mission of the program is to offer treatments, developmental therapies, enrichment courses, and support to children and families of all income levels who are affected by autism. Bridgeway House is committed to offering services to all children with autism regardless of their income level. Bridgeway House requires a one-time registration fee for all programs and services and a limited number of scholarships are available for some programs. A more in-depth look at the programs and services offered include:</p> <ul style="list-style-type: none"> ➤ Bridgeway House Theatre Troupe, ➤ Summer Day Camps Parent Support Group, ➤ Mothers with Daughters on the Spectrum Support Group, ➤ Asperger's Support Group for Adult Professionals, ➤ Low Cost Counseling, ➤ Music Therapy, ➤ Tutoring, Occupational Therapy, ➤ Speech Therapy, ➤ Fitness Classes and Running Club. <p>There are a number of business sponsors that help to fund the organization. Funding also comes from initial membership fees and a few program fees.</p>
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Catholic Community Services – Housing Programs			
Website	211lane.org		
Phone	541-345-3628		
Address	1464 W 6th Ave		
City, State, Zip	Eugene	OR	97402
Email			
Description	<p>Catholic Community Services Housing Programs give low-income people the opportunity to earn a monthly rent subsidy by engaging in activities to stabilize their income, housing and further their personal development.</p> <p>CCS offers:</p> <ul style="list-style-type: none"> ➤ Check written directly to property owner. ➤ Engage in Case Management. ➤ Take guidance from social service professionals. ➤ Must meet the poverty guidelines of the federal government, and be homeless or at risk of losing housing. ➤ Hours: Mon-Fri 9am-4pm, no fees. 		

Center for Family Development	
Website	http://www.c-f-d.org/
Phone	541-342-8437 Kirsten Lowe

Address	1258 High Street		
City, State, Zip	Eugene	OR	97401
Email	klowe@c-f-d.org		
Description	<p>Center for Family Development is dedicated to supporting family relationships. CFD offers services and supports for individuals with co-occurring alcohol and other drug and mental health/behavioral issues.</p> <p>Center for Family Development offers:</p> <ul style="list-style-type: none"> ➤ Outpatient Mental Health Clinic, Youth & Adult ➤ Recovery Program, Y & A ➤ Teaching Clinic, Y & A ➤ Community Support Program, Adult ➤ Sex Offender, Adult ➤ Psychological Services, Youth ➤ Intensive Community-Based Treatment and Support Services, Youth ➤ Day Treatment and Reporting Center, Youth ➤ Behavioral Support Specialist Services, Youth ➤ Psycho-Academic Tutoring Program, Youth ➤ Entre Dos Mundos, Youth <ul style="list-style-type: none"> ▪ Hours: Mon-Fri 8am-5pm, apts also available evenings and weekends. Bill you directly or your insurance. 		

Center for Family Therapy			
Website	http://education.uoregon.edu/path.htm?setpath=36&setsubpath=75		
Phone	541-346-0923	(f) 541-345-7605	
Address	HEDCO Education Building Suite 170 University Of Oregon		
City, State, Zip	Eugene	OR	97403
Email	N/A		
Description	<p>The Center for Family Development offer mental health and drug/alcohol services for the whole community. They specialize, but are not limited to, co-occurring issues. The CFD offer services for both youth and adults. These services include outpatient mental health clinic, behavior support specialist, adult and youth recovery programs, and programs for Latino immigrant families.</p> <p>CFD gets funding through the state and private health care plans. CFD provides services for state funded health care plans. A lot of the services offered at CFD are for students with disabilities. In particular, the behavior support specialist goes into schools, homes, and community to work with youth who have behavior needs.</p>		

Child Development and Rehabilitation Center: Medical Evaluation and Support			
Website	http://www.ohsu.edu/cdrc/		
Phone	541-346-3575		
Address	901 E. 18 th Avenue		
City, State, Zip	Eugene	Oregon	97401

Email	cdrcinfo@ohsu.edu
Description	<p>Housed in the Oregon Health Sciences University, the Child Development and Rehabilitation Center is a statewide public services agency serving individuals with disabilities and their families. Services include identification and diagnosis, treatment, counseling and therapy. Clinic visits are billed based upon the patient's medical diagnosis and the family's resources and residency. There is a CDRC clinic in Eugene also.</p> <p>The Child Development Clinic offers pediatric diagnosis and evaluation for a wide variety of developmental delays and disorders including: specific learning difficulties, mental retardation, autism, developmental behavioral problems, ADHD (attention deficit-hyperactivity disorder), Other issues addressed by this clinic include:</p> <ul style="list-style-type: none"> ➤ behavioral or developmental disorders related to prenatal drug exposure and fetal alcohol syndrome and effects developmental problems associated with very low birth weight or prenatal complications ➤ behavioral or developmental concerns related to child abuse or neglect ➤ Additional programs consist of Communication disorders, Craniofacial disorders, Feeding and nutrition, Neurodevelopment, Spina Bifida

City of Eugene Adaptive Recreation Program			
Website	http://www.eugene-or.gov/index.aspx?NID=139		
Phone	541-682-5521	Patty Prather	
Address	2580 Hilyard St.		
City, State, Zip	Eugene	OR	97405
Email	patty.l.prather@ci.eugene.or.us		
Description	<p>City of Eugene Adaptive Recreation Program provides year-round, community-based recreational, social and educational programs for Eugene area children, teens and adults with disabilities.</p> <p>Adaptive Recreation Program offers:</p> <ul style="list-style-type: none"> ➤ Accessibility Services, ADA Information, Community Partnerships, and Scholarship Information. ➤ Inclusion Services, Recreation Assessment, Resource and Referral, and Training. ➤ Arts and crafts, dance and drama, cooking, skiing, canoeing, health and wellness, music, support groups, teen programs and camps. <ul style="list-style-type: none"> ▪ Hours: Mon-Fri 9-5:30pm ▪ Pay to rent equipment and participate in activities. ▪ Scholarships available for up to \$150 for the year. 		

Community Housing Section			
Website	http://www.oregon.gov/DHS/dd/housing.shtml		
Phone	503-945-9785	Heber Nelson	
Address	676 Church St. NE, 2nd, Floor		
City, State, Zip	Salem	OR	97301
Email	heber.nelson@state.or.us		

Description	<p>Community Housing Section (CHS) assists persons with developmental disabilities to live successfully in community housing that is affordable and safe and contributes to their independence and quality of life. Funding is provided by State General Fund; Federal match (60/40) on Children Intensive In-home Services; income from sale of Fairview property.</p> <p>CHS offers:</p> <ul style="list-style-type: none"> ➤ Oversees the property management of homes developed for the former Fairview State Training Center residents. ➤ Develops and manages and funds home modification projects for <u>Children's Intensive In-Home Services</u> and Crisis Services for children and adults. ➤ Provides <u>technical assistance</u> to individuals, families, brokerages, and counties regarding housing issues faced by persons with developmental disabilities and best practices to implement solutions. <ul style="list-style-type: none"> ▪ Eligibility requirements are adults and children with developmental disabilities who are Oregon residents and are eligible for services funded by Seniors and People with Disabilities.
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CPR & First Aid Training Center			
Website	http://www.thecprcenter.com/		
Phone	541-342-3602	(f) 541-342-6229	
Address	95 S. Bertelsen		
City, State, Zip	Eugene	OR	97405
Email	N/A		
Description	<ul style="list-style-type: none"> ➤ Provides several first aide and CPR certification trainings, where people will learn how to apply CPR and first aid during times of emergency. ➤ These trainings also provide lists of emergency contacts in the local community at the end of their courses. ➤ Courses range from \$25 to \$55 depending on the certifications that are being taught. 		

Department of Human Services: Food Stamps			
Website	http://www.oregon.gov/DHS/index.shtml		
Phone	541-686-7878	(f) 541-686-7641	
Address	McKenzie Center, 2885 Chad Drive		
City, State, Zip	Eugene	OR	97408
Email	N/A		
Description	Provide Food Stamps for students who work 20 hours a week while they attend school full-time.		

Developmental Disability Services in Lane County			
Website	http://www.lanecounty.org/Departments/HHS/DevDis/Pages/default.aspx		
Phone	541-682-3695	(f) 541-682-3879	
Address	125 E. 8 th Avenue		
City, State, Zip	Eugene	OR	97401

Email	Alicia.Hays@co.lane.or.us
Description	<p>Developmental Disabilities Services are available to individuals with disabilities that are found eligible. Eligibility is dependent on several different contingencies of adaptive and IQ scores and the caseworkers at DDS will help individuals go through the eligibility process. DDS provides services such as;</p> <ul style="list-style-type: none"> ➤ Adult foster care, ➤ Adult protective services, ➤ Case managements, ➤ Crisis services, and ➤ Family support programs. <p>DDS can help individuals with disabilities to apply for Social Security benefits, medical care coverage, group home living, provide emergency services and mediation for crisis, adaptive technology, special diet services, education services, vocational services, in home care etc. DDS is a federally funded program that is free of charge for those that are eligible. DDS has several local agencies that also provide services that it can refer an individual to for additional support, in fact the case managers actually act as advocates for individuals with disabilities getting services from other agencies as well such as medical insurance through OHP or Medicare or Social Security benefits.</p>

Direction Service			
Website	http://www.directionservice.org/		
Phone	541-686-5060		
Address	3411-A Willamette St.		
City, State, Zip	Eugene	OR	97405
Email			
Description	<p>Direction Service is a private, non-profit corporation funded through public and private donations as well as local and federal support. Their goal is to coordinate the delivery of services to families who have children with disabilities.</p> <p>Direction Service offers:</p> <ul style="list-style-type: none"> ➤ <u>Family Support & Service Coordination</u> ➤ <u>Information Services</u> ➤ <u>Counseling Center</u> ➤ <u>Center for Appropriate Dispute Resolution in Special Education</u> 		

Disability Rights Oregon			
Website	http://www.disabilityrightsoregon.org/		
Phone	503-243-2081		
Address	610 SW Broadway, Ste. 200		
City, State, Zip	Portland	Oregon	97205
Email	N/A		
Description	<p>Disability Rights Oregon promotes opportunity, access and choice for individuals with disabilities by assisting them with legal problems directly related to their disabilities. Disability Rights Oregon does not charge for its services, DRO is tax-exempt under Section 501(c)(3) of the Internal Revenue Code. DRO focuses primarily on protection and advocacy for individuals with disability.</p>		

Emergency Food Pantry System			
Website	http://www.foodforlanecounty.org/en/programs_services/emergency_food_pantry_system/		
Phone	541-343-2822		
Address			
City, State, Zip			
Email	info@foodforlanecounty.org		
Description	<p>Emergency Food Pantry System provides a variety of fresh and shelf-stable groceries to low-income families and individuals.</p> <p>EFPS offers:</p> <ul style="list-style-type: none"> ➤ 28 emergency food pantries located throughout Lane County. ➤ Each food box contains a 3-5 day supply of food. <ul style="list-style-type: none"> ▪ Must meet the income eligibility guidelines. You can receive other benefits, such as food stamps, and still receive a food box. 		

Eugene YMCA			
Website	http://www.eugeneymca.org		
Phone	541-686-9622		
Address	2055 Patterson Street		
City, State, Zip	Eugene	Oregon	97405
Email	N/A		
Description	<p>The purpose of the Y is to provide life-enriching, learning opportunities to people of all generations and walks of life. All Y activities seek to create a safe, loving, fun environment, which fosters spiritual, emotional and physical growth. The Y is a non-profit organization and contributions are tax deductible. The Y also charges for memberships for the services they provide. These services include wellness facilities (swimming pool, tennis courts, yoga studios), child care, teen groups. The Y does not have any disability specific programs but has meeting rooms for groups, or big brothers and big sisters use their facilities as well. Any of the services that are provided at the Y are open to any member.</p>		

Family Dinner Program			
Website	http://www.foodforlanecounty.org/en/programs_services/family_dinner_program/		
Phone	541-343-2822	Josie McCarthy	
Address	270 W. 8th Avenue		
City, State, Zip	Eugene	OR	97401
Email	info@foodforlanecounty.org		
Description	<p>Family Dinner Program is run by FOOD for Lane County, which operates The Dining Room, a meal site in downtown Eugene.</p> <p>Family Dinner Program offers:</p> <ul style="list-style-type: none"> ➤ Families with small children and anyone with disabilities are seated upon arrival. ➤ Dinner for anyone, no cost. <ul style="list-style-type: none"> ▪ Hours: Mon-Thur 3:30-6:30pm 		

Happy Friends Baking Company			
Website	http://www.lesd.k12.or.us/se/hfbc.html		
Phone	541-285-7042		
Address			
City, State, Zip			
Email	hfbc@lesd.k12.or.us		
Description	<p>Happy Friends Baking Company is funded through a <u>Youth in Transition Program</u> grant, Tommy Hilfiger Corporate Foundation grant, <u>Lane Education Foundation</u>, and <u>Learn and Serve America</u> grant. The company assists students in gaining valuable vocational training through participation in the operation of a small baking business.</p> <p>Happy Friends Baking Company offers:</p> <ul style="list-style-type: none"> ➤ Experience with running a business and the pride that accompanies success. ➤ Food preparation, cooking, operating cooking equipment, workplace cleanliness, packaging and labeling, shopping, laundry, delivery, customer service and teamwork. <ul style="list-style-type: none"> ▪ Students ages 16-21 		

Housing and Community Services Agency of Lane County			
Website	http://www.hacsa.org		
Phone	541-682-3755	541-682-3411	
Address	177 Day Island Road		
City, State, Zip	Eugene	Oregon	97401
Email	jfields@hacsa.us (Jill Fields, Section 8 Supervisor)		
Description	<p>HACSA offers several housing options for low income families, individuals with disabilities and the elderly. Housing options range from apartments to houses. Public housing one bedroom units are available for \$100 a month: two-bedroom units are available for \$300 a month. Leases are month-to-month, and there are no fees to apply to any of HACSA programs.</p>		

Lane Independent Living Alliance			
Website	http://www.lilaoregon.org		
Phone	541-607-7020	(f) 541-345-7021	
Address	99 W. 10 th Ave Suite 117		
City, State, Zip	Eugene	Oregon	97401
Email	chjones@lilaoregon.edu		
Description	<p>Lane Independent Living Alliance is a cross-disability, consumer driven organization. Our goal is to help people with disabilities achieve as much choice, access, inclusion and independence as possible. We invite you to learn more about the many programs LILA offers and to consider becoming a voting member of LILA. Working together, we can break down societal barriers so that all people with disabilities are free to fulfill their potential. They offer four core services</p> <ul style="list-style-type: none"> ➤ Information and referral of extensive resources that include housing, transportation, legislation, employment opportunities and support groups. 		

	<ul style="list-style-type: none"> ➤ Independent living skills and training (decision making, budgeting, hygiene, job skills, grooming, managing support etc.). ➤ Peer counseling ➤ Advocacy in obtaining necessary support services from other agencies. ➤ LILA is a private, non-profit organization and receives funding through various grants and donations and offer their services free of charge to individuals that need them. Currently due to budget cuts they are working on maintaining services already offered. LILA has an extensive list of resources for individuals with disabilities to seek services through other agencies as well.
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Lane Transit District/Eugene Station Customer Service			
Website	http://www.ltd.org		
Phone	541-687-5555	(f) 800 248-3861	
Address	1080 Willamette Street		
City, State, Zip	Eugene	Oregon	97408
Email	ltd@ltd.org		
Description	<p>Lane Transit District is the local transit (bus) system in Eugene, Oregon. The LTD system is available to all people but offer special services to people with disabilities. They currently offer:</p> <ul style="list-style-type: none"> ➤ RideSource, a service that individuals with disabilities can use to get picked up and dropped off at a specific location rather than using the bus schedule to take the regular route. ➤ Special shuttle services for people n the OHP/Medicaid plans that need to get to doctor appointments and have no other transportation. ➤ LCC and U of O students ride for free and must only show their student ID cards. ➤ Individuals with disabilities are able to get a “half fare pass” which is at 50% of the usual cost for a bus pass and can also get an “attendant ok” sticker on their car which will allow support staff/family member to travel with them without paying additional fare. ➤ LTD also offers training courses on how to use the bus and bus schedule. 		

Life Skills Network			
Website	http://www.4j.lane.edu/schools/lifeskillsnetwork		
Phone	541-790-6633		
Address	2455 Willakenzie Road		
City, State, Zip	Eugene	Oregon	97401
Email	N/A		
Description	<p>As apart of the 4j school district, this program works with 18-21 year old students to transition into community and independent living.</p> <ul style="list-style-type: none"> ➤ Supervision of practicing required skills such as cooking, social, vocational, recreational and living skills. ➤ Staff consists of teachers, coordinators, instructional assistants, job coaches, office staff, a school psychologist, a speech/language pathologist, an autism consultant, and other support specialists. 		

Mainstream Housing			
Website	http://mainstreamhousing.org		
Phone	541-484-4868	(f) 541-686-5598	
Address	180 East 18 th Ave.		
City, State, Zip	Eugene	Oregon	97401
Email	dgwin@mainstreamhousing.org (Dannette Gwin, Resident Services Coordinator)		
Description	<p>Mainstream Housing is an organization committed to providing quality, affordable housing for people with developmental disabilities. There are a variety of housing options with varying degrees of support. Options include apartments, houses, and group homes. Resident services include:</p> <ul style="list-style-type: none"> ➤ Linking residents with community resources ➤ Providing community gardening activities ➤ A weekly delivery of fresh vegetables, fruits and other food items from Food for Lane County. ➤ Scheduled fun arts and craft projects ➤ Organization of social events <p>Prices vary according to property. There is a \$400 refundable deposit for apartments, and a \$595 security deposit. There is no application fee, however, there are a limited amount of vacancies; there is a waiting list for many properties.</p> <ul style="list-style-type: none"> ➤ 		

Mobility International USA			
Website	http://www.miusa.org		
Phone	541-343-1284		
Address	132 E. Broadway, Suite 343		
City, State, Zip	Eugene	Oregon	97401
Email	N/A		
Description	<ul style="list-style-type: none"> ➤ Emerging leaders. Disability rights. Life-changing experiences. <ul style="list-style-type: none"> ○ Pioneering short-term international disability leadership programs in the U.S. and abroad with 2,000 youth, young adults and professionals from over 100 countries. Challenge Yourself and Change the World! ➤ Bridging people, programs and places. Increasing disability inclusion in international exchange. <ul style="list-style-type: none"> ○ Advising and providing free tools for people with disabilities, professionals and organizations on increasing disability inclusion in international study, volunteer, teach and other exchange programs. Through the National Clearinghouse on Disability and Exchange, a project sponsored by the U.S. Department of State, we are bridging people, places and programs. ➤ Human rights. Grassroots disability leadership. Training and technical assistance. <ul style="list-style-type: none"> ○ Turning standards on disability inclusion into policy and practice. From Ethiopia, Mali, and Albania to Jordan, Colombia, Uganda, Vietnam, and Zambia, MIUSA's trainings are framing the inclusion 		

	<p>of people with disabilities as a human rights issue all over the world. Through training and technical assistance, International Development and Disability projects create partnerships to ensure that people with disabilities are leaders and participants in the development process.</p> <ul style="list-style-type: none"> ➤ Loud, Proud & Passionate <ul style="list-style-type: none"> ○ Bringing together grassroots women leaders with disabilities from around the world to build skills and strengthen international networks of support to improve the lives of women and girls with disabilities. Through MIUSA's signature program, Women's Institute on Leadership and Disability (WILD), women with disabilities are changing the world!
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Office of Developmental Disability Services			
Website	http://www.oregon.gov/DHS/dd/about_us.shtml		
Phone	503-945-5811		
Address	500 Summer Street NE E02		
City, State, Zip	Eugene	Oregon	97301
Email	ODDS.INFO@state.or.us		
Description	<p>ODDS offers a variety of supports to individuals with developmental disabilities:</p> <p>Comprehensive services</p> <ul style="list-style-type: none"> ➤ Adult in-home services ➤ Adult residential group homes ➤ Children's intensive in-home services ➤ Children's residential group homes and proctor homes ➤ Diversion and crisis services ➤ Non-relative foster care for children and adults ➤ State-operated community programs ➤ Supported living services ➤ Vocational services ➤ Eligibility for services must be obtained through the Community Developmental Disability Program (CDDP). An eligibility worker is available to assist with this process and collect necessary documents. 		

Oregon Driver Training Institute			
Website	http://www.oregondrivertraining.com/		
Phone	541-342-4339		
Address	1158 Garfield		
City, State, Zip	Eugene	OR	97405
Email	N/A		
Description	<p>Services:</p> <ul style="list-style-type: none"> ➤ Train teenagers to drive safely, and learn how to develop life-long defensive driving skills. ➤ This course can help teenagers pay less for car insurance. 		

	<p>Funding:</p> <ul style="list-style-type: none"> ➤ Tuition costs are \$275, but there are options to have the tuition waived for those who qualify.
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Planned Parenthood/Eugene Health Center			
Website	http://www.plannedparenthood.org		
Phone	541-344-9411	(f) 541-344-6519	
Address	1670 High Street		
City, State, Zip	Eugene	Oregon	97401
Email	n/a		
Description	<p>Planned Parenthood is an organization that provides sexual and reproductive healthcare. Their mission is to improve women’s health and safety and advance the right and ability of individuals and families to make informed and responsible choices. They provides several services such as;</p> <ul style="list-style-type: none"> ➤ Birth control, ➤ Abortion services, ➤ General healthcare, ➤ HIV testing, ➤ Women’s health care, ➤ Men’s healthcare, ➤ Emergency contraception, ➤ Pregnancy testing and services, and ➤ Sexually transmitted disease testing, treatments, and vaccines. <p>These services are available by walk in or appointment and are confidential/HIPAA compliant. Funding comes from individual insurance policies or individuals can pay out of pocket. There is federal funding available so if a patient is uninsured they can apply to make a sliding scale donation for services. Planned Parenthood is currently working to offer more educational services about sexual and reproductive health to individual with disabilities. Individuals may be referred to a private physician for additional healthcare needs as they only provide basic screenings. Planned Parenthood suggests applying for Medicaid/OHP for individuals without insurance.</p>		

Oregon Supported Living Program			
Website	http://www.oslp.org/		
Phone	541-343-4196		
Address	1250 Charnelton Rd		
City, State, Zip	Eugene	Oregon	97401
Email	gdubie@oslp.org		
Description	<p>Oregon Supported Living Program (OSLP) is a nonprofit agency providing support to adults with developmental disabilities by providing quality residential and vocational services. OSLP’s main funding source is through a contract with Lane County Developmental Disabilities, Department of Human Services, and private donations by communities.</p> <p>There are three types of programs in OSLP:</p>		

	<p>24 Hour Residential:</p> <ul style="list-style-type: none"> ➤ 17 residential programs throughout Eugene and Springfield are home to 46 individuals. Through music, art, work and go out in community, people with disabilities live meaningful and quality lives. <p>Supported Living Program:</p> <ul style="list-style-type: none"> ➤ Supported Living Program supports 24 adults who live independently and need assistance to balance all aspects of their life. Depending on each person's needs, we may assist them with finding employment, maintaining and scheduling appointments, money management, financial planning, meal planning and shopping, self advocacy and accessing supports, crisis response, social activities, and building relationships. <p>Community Inclusion and Employment Program:</p> <ul style="list-style-type: none"> ➤ OSLP currently serve 23 individuals in our CIE program. OSLP works with agencies like Pearl Buck and Goodwill Industries, or provides alternative daily employment programs like yard work business, daily swimming at the pool, music classes or art classes in the community.
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Senior and Disabled Services			
Website	http://www.sdslane.org/		
Phone	541-686-1262		
Address	Schaefer's Building; 1015 Willamette St.		
City, State, Zip	Eugene	Oregon	97401
Email	sds@lcog.org		
Description	<p>Planning and administering programs and services for older people and people with disabilities. Services are financed by contributions from participants, donations from individuals and groups, grants, and by local, state, and federal government funds. Senior and Disabled Services provides resources for transportation, in-home care, food programs, reporting abuse or neglect</p> <p>Services Provided:</p> <ul style="list-style-type: none"> ➤ Information, Referral, and Assistance ➤ Case Management for long term care clients residing in their own homes or in licensed long-term care facilities ➤ In-Home Services (personal care and housekeeping) Oregon Project Independence ➤ Pre-Nursing Home Placement Assessment and Nursing Home Placement ➤ Licensure and Monitoring of Adult Foster Homes ➤ Eligibility determination for medical and financial services, including SNAP benefits ➤ Oregon Health Plan enrollment for seniors and people with disabilities ➤ Abuse Investigation/Protective Services ➤ Legal Assistance ➤ Senior Meals Program ➤ Support to the Long Term Care Ombudsman Program ➤ Money Management Services ➤ Family Caregiver Support Services ➤ Administrative Services, including: planning, service coordination and development, resource management and advocacy 		

	➤ Senior Connections
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Shelter Care			
Website	http://www.sheltercare.org		
Phone	541-686-1262		
Address	499 W. 4 th Avenue		
City, State, Zip	Eugene	Oregon	97401
Email	<u>N/A</u>		
Description	<p>Shelter Care offers a variety of housing support services for the homeless with a committed focus on the community's most vulnerable individuals dealing with psychiatric disabilities. Shelter Care provides:</p> <ul style="list-style-type: none"> ➤ Emergency shelters, ➤ Vital long-term supported housing and transitional housing services ➤ A one-on-one and group support system to build skills for independent living and household stability ➤ Assistance with basic needs such as food, clothing and household supplies and work collaboratively to improve individual skills. <p>Shelter Care shelters and supports families and individuals providing each an opportunity to live the fullest possible life in an environment that fosters well-being and success. The agency's eleven programs help move people toward greater levels of independence. In this program, residents live independently, but program staff is available for support. Shelter Care is a private, nonprofit human service agency directed by a board of community volunteers. Individuals and businesses provide for a critical and significant portion of the agency's work in the form of financial support, volunteer time and in-kind donations.</p>		

Siletz Recreation Center			
Website	www.ctsi.nsn.us		
Phone	541-444-2532		
Address	1016 W. Buford Street		
City, State, Zip	Siletz	Oregon	97380
Email	N/A		
Description	<p>Work out equipment, DVD guided workouts, weights, plates class, and other recreation classes are available to tribal members. Non-tribal members can use facility for \$2 a day, or \$15 for 10 days, or \$35 for a month. Youth under the age of 18 have to be chaperoned. The facility is funded by the Siletz tribe and a grant for Tribal people with disabilities.</p>		

Social Security Administration			
Website	http://www.ssa.gov/disability/		
Phone	(800) 772-1213		
Address	Social Security; 2504 Oakmont Way		
City, State, Zip	Eugene	Oregon	97401

Email	kroth@foodforlanecounty.org
Description	The Social Security and Supplemental Security Income disability programs are the largest of several Federal programs that provide assistance to people with disabilities. Social Security Disability Insurance pays benefits to the individual and certain members of the individual's of the family. Supplemental Security Income pays benefits based on financial need.

Summer Food Program		
Website	http://www.foodforlanecounty.org/en/programs_services/summer_food_program/	
Phone	541-343-2822	Karen Roth
Address		
City, State, Zip		
Email	kroth@foodforlanecounty.org	
Description	<p>At the Summer Food Program staff and volunteers serve meals at schools, parks and community centers located throughout Lane County during the summer months.</p> <p>Summer Food Program offers:</p> <ul style="list-style-type: none"> ➤ Kids eat lunch free during the summer. ➤ 60 different sites. ➤ Runs from beginning of June through August. <ul style="list-style-type: none"> ▪ No registration, children up to 18 years old. 	

United Way of Lane County			
Website	http://www.unitedwaylane.org		
Phone	541-741-6000	(f) 541-726-4150	
Address	3171 Gateway Loop		
City, State, Zip	Springfield	Oregon	97477
Email	N/A call 2-1-1 for services and questions		
Description	<p>United Way provides services such as:</p> <ul style="list-style-type: none"> ➤ Food, ➤ Clothing, ➤ Shelter, ➤ Safety, and ➤ Healthcare. <p>They have referral line, in Lane County, at 2-1-1 and individuals with disabilities will be referred to services that they need. United Way is primarily funded through donation and volunteer staffing but also receives some federal funding. Currently they are working towards a goal of “community impact” meaning that they are going to focus on education, income and health for individuals with disabilities and put dollars toward programs in those specific areas rather than spread out too thinly as it is now. Services provided through United Way are actually provided by other local groups that United Way is affiliate with and supports through donations.</p>		

Willamalane Park & Recreation	
Website	http://www.willamalane.org
Phone	541-736-4544

Address	250 S. 32 nd Street		
City, State, Zip	Springfield	Oregon	97478
Email	N/A		
Description	<p>Willamalane Park and Recreation District (WPRD) maintains, creates and organizes the parks in the area. The operations run through the Willamalane Center, a 97,000 square foot facility that includes numerous recreational activities. WPRD organizes social, community events and continuous recreational activities. From movies in the park to competitive sports leagues, the WPRD organizes events for the community to engage in.</p>		

Post-secondary Education

Career Pathways at Lane			
Website	http://www.lanecc.edu/pathways/		
Phone		Rosa Lopez	
Address			
City, State, Zip			
Email	lopezr@lanecc.edu		
Description	<p>Career Pathways is a series of connected education and training programs and student support services that enable individuals to secure a job or advance in a demand industry or occupation.</p> <p>Career Pathways offers:</p> <ul style="list-style-type: none"> ➤ Student transition from high school to community college. ➤ Pre-college courses to credit postsecondary programs. ➤ Community college to university or employment. 		

Lane Community College			
Website	http://www.lanecc.edu/disability/learn.htm		
Phone	541-463-3000	(f) 541-463-4739	
Address	4000 E. 30 th Ave		
City, State, Zip	Eugene	Oregon	97405
Email	asklane@lanecc.edu disabilityresources@lanecc.edu		
Description	<p>Lane Community College is that local community education center for the Eugene/Springfield area. They offer many different services for students with disabilities.</p> <ul style="list-style-type: none"> ➤ Credit courses, ➤ Continuing Education, ➤ Adult Basic and Secondary Education and Career Pathways. <ul style="list-style-type: none"> ○ The Adult Basic program is for students that are working toward a GED/diploma or are trying to improve skills to pass placement tests for college. The program is free of charge. It is funded through government grant dollars and any individual (with or with disabilities) can use this service free of charge. There are several scholarships specific to students with disabilities and also regular financial aid available for credit coursed taken at LCC. ➤ High School Connections <ul style="list-style-type: none"> ○ Help currently enrolled high school students make the transition from high school to college. You can earn both high school and college credits (dual credit) for some courses to get an early start on college at substantial savings? HS Connections offers services such as College Now (college level courses held at the high school), Regional Technical Education Consortium (career and technical courses), and GED assistance. 		

Lane Education Service District – P.A.T.H.S		
Website	http://www.lesd.k12.or.us/career/PATHSProject.html	
Phone	541-579-4800	Cindy Post
Address		
City, State, Zip		
Email	cpost@lesd.k12.or.us	
Description	<p>P.A.T.H.S. Project (Post School Achievement Through Higher Skills) is a one-semester (18 week) high school curriculum designed to increase knowledge and skills and improve educational and career outcomes for young women with disabilities.</p> <p>P.A.T.H.S. offers:</p> <ul style="list-style-type: none"> ➤ Building knowledge and skills leading to improved educational and career opportunities. 	

Lane Education Service District - Youth Transition Program		
Website	http://www.lesd.k12.or.us/career/ytp.html	
Phone	541-461-8275	Kristin Gunson
Address		
City, State, Zip		
Email	kgunson@lesd.k12.or.us	
Description	<p>Youth Transition Program is a collaboration between the Vocational Rehabilitation Division, Oregon Department of Education, University of Oregon, Lane County school districts, and Career Learning.</p> <p>YTP Offers:</p> <ul style="list-style-type: none"> ➤ Assistance with academic, vocational, independent living and personal-social. ➤ Students experience success in the workforce. <ul style="list-style-type: none"> • Serves students on Individual Education Plans (IEPs). 	

Looking Glass Youth and Family Services – Riverfront School & Career Center		
Website	www.lookingglass.us	
Phone	541-868-0661	Mary Tagett
Address	1790 W llth Ave, Suite 200	
City, State, Zip	Eugene	OR 97402
Email	mary.tagett@lookingglass.us	
Description	<p>Looking Glass Youth and Family Services offers a range of programs and services that may be creatively combined to serve teenagers and their families. Agency revenues come from governmental contracts and grants, charitable gifts, United Way, and fees for service.</p> <p>Riverfront School & Career Center offers:</p> <ul style="list-style-type: none"> ➤ Academic courses and vocational training for out-of-school youth, ages 14-21. ➤ Includes an Independent Living program for children in foster care and the Lane Metro Youth Corps. <ul style="list-style-type: none"> ▪ Eligibility requirements for clients based on funding sources. 	

Regional Technical Education Consortium			
Website	http://lanecc.edu/hsconnections/rtec.html		
Phone	541-463-3444	Bear Goodman	
Address	Lane Community College High School Connections 4000 East 30 th Avenue		
City, State, Zip	Eugene	Oregon	97405
Email	goodmanb@lanecc.edu		
Description	<p>Regional Technical Education Consortium offer career/technical courses not available at your high school.</p> <p>RTEC offers:</p> <ul style="list-style-type: none"> ➤ Receive high school and/or college credits. ➤ Courses in apprenticeship, automotive, computer technology, criminal justice, culinary, drafting, early childhood education, flight technology, GIS mapping, health professions, human services, and welding/fabrication. ➤ High school may have available funding. ➤ Eligible for high school juniors and seniors 		

Siletz Culture Department			
Website	www.ctsi.nsn.us		
Phone	541-444-2532		
Address	201 Se Swan Ave.		
City, State, Zip	Siletz	Oregon	97380
Email	N/A		
Description	<p>The culture department provides classes year round in language, regalia making, cultural arts and dancing. Cultural funds are available and applications are necessary to be put on the waiting list. The annual pow-wow, Nadosh/Featherdance, and Run to the Rouge are tribal celebrations hosted by the tribe and open to all tribal members. The services are free and selected activities chaperons and permission slips are needed.</p>		

Siletz Youth Services (Tobacco and Prevention Services)			
Website	www.ctsi.nsn.us		
Phone	541-444-2532		
Address	201 Se Swan Ave.		
City, State, Zip	Siletz	Oregon	97380
Email	N/A		
Description	<p>Provide activities for youth such rope course, culture classes, basketball tournaments, daughters of traditions, Wellbriety run and walk, culture trips (Run to the Rogue), and youth conference. Youth will need to have a permission slip signed for each activity. Selected activities will need to have chaperons. There are no youth fees for the services. Funds are provided by grants.</p>		

University of Oregon			
Website	http://aec.uoregon.edu/resources/campus.html		
Phone	541-346-3201		
Address	1217 University of Oregon		

City, State, Zip	Eugene	Oregon	97403
Email	admissions@uoregon.edu		
Description	<p>University of Oregon offers post-secondary education to students with or without disabilities. The U of O Accessible Education Center is open to any student with disabilities to offer assistance in many areas. They are located in 164 Oregon Hall and welcome appointments from students, as well as inquiries from parents, and consultations with faculty/staff. This department provides services such as:</p> <ul style="list-style-type: none"> ➤ Implementing accommodations, ➤ Use of adaptive technology, ➤ Sign language interpreting, ➤ Getting around campus and ➤ Tutoring. <p>Tuition is still student responsibility but the services such as adaptive technology and sign language interpreting are partially federally funded and students are not asked to pay extra for these services. Students with disabilities that do not meet the minimum GPA requirements may still apply and their application is reviewed by the Disability Review Board to see if they are eligible for admittance. There is not really any academic modification available for students with disabilities so this school would only be an option for students that are able to keep up with the academic pace. This school also has a community resources page on their website to offer additional agencies or organizations that offer services.</p>		

Employment

Express Pros Employment Agency			
Website	http://www.expresspros.com		
Phone	541-686-0001		
Address	977 Garfield St. #6		
City, State, Zip	Eugene	Oregon	97403
Email	N/A		
Description	Express Pros is job finding agency that is locally and individually owned but is governed by international headquarters. Express will assess your skills, offer interview and resume writing tips, and work with you to find a job that fits your needs and abilities. Applicants never pay a fee at Express, and have the opportunity to earn benefits such as medical insurance, holiday pay, and vacation pay.		

Goodwill Industries			
Website	http://www.goodwill-oregon.org		
Phone	541-345-1801	(f) 541-345-1739	
Address	855 Seneca Road		
City, State, Zip	Eugene	Oregon	97402
Email	infor@goodwill-oregon.org		
Description	Goodwill assists individuals with diagnosed disabilities attain and retain jobs in the community. Services include workplace assessments and individual job search assistance. These services are offered in partnership with Oregon Vocational Rehabilitation Services, the Veterans Administration, the Oregon Commission for the Blind and other referring agencies. Goodwill offers a variety of job-related services to help adults with disabilities find a career path that works for them. Vocational Rehabilitation funds short term services to help individuals obtain wage-earning jobs.		

Office of Vocational Rehabilitation Services (OVRs) Oregon			
Website	http://www.oregon.gov/DHS/vr/services.shtml		
Phone	(541) 686-7878	(541) 686-7878	
Address	2885 Chad Drive		
City, State, Zip	Eugene	Eugene	Eugene
Email	vr.info@state.or.us		
Description	OVRs is a statewide resource for people with disabilities and is part of the Department of Human Services. They assist individuals with disabilities in getting and keeping a job. OVRs is state and federally funded and there is no fee to the individual with disabilities for using this service. OVRs is only available to individuals with a physical or mental disability that makes it difficult to get or keep a job that matches the persons potential, skills and interests, or individuals that need support such as counseling, training, or assistance with job searching. Services offered are; <ul style="list-style-type: none"> ➤ Assessment services to measure individual strengths, capabilities and interests, 		

	<ul style="list-style-type: none"> ➤ Counseling and guidance to help make good decisions about how to reach goals, ➤ Independent living services, ➤ Training to increase skills, ➤ Assistive technology and ➤ Job placement. <p>OVRs is currently working on the Competitive Employment Project to maintain and advancing the competitive and inclusive employment of persons with disabilities. The length of services, once a person is found eligible, is up to 6 months then they must reapply for additional services if needed. OVRs also points youth with disabilities who are looking for employment in the direction of YTP the Oregon Youth Transition Program and contact info is available on their website.</p>
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Personnel Source			
Website	http://www.personnelsource.com		
Phone	541-342-5310		
Address	555 Lincoln Street # A		
City, State, Zip	Eugene	Oregon	97403
Email	N/A		
Description	Temp agency to help match an individual with a job they are interested in the Northwest. Personnel Source helps with resumes, cover letters, and interview skills. Personnel Source matches individuals in a variety of fields including IT, Legal, Health Care, Forest Products, Sports/Recreation, Accounting, and Marketing.		

Pearl Buck Center			
Website	http://www.pearlbuckcenter.com		
Phone	(541) 484-4666	(541) 484-4666	
Address	2885 Chad Drive		
City, State, Zip	Eugene	Eugene	Eugene
Email	N/A		
Description	<p>The Pearl Buck Center looks to increase the quality of life for all those affected by disabilities through vocational, recreational and educational programs. The organization values a team vision, personal integrity, advocacy, communication, integration, commitment, accountability, safety and diversity. Pearl Buck provides vocational services that train adults with disabilities through subcontract work performed for business and organizations in Oregon and across the country. Jobs that workers perform include:</p> <ul style="list-style-type: none"> ➤ bulk mailing, ➤ assembly for a variety of mechanical and electronic products, ➤ packaging products, ➤ manufacturing wood, metal and plastic products and order 		

	<p>fulfillments.</p> <p>The Pearl Buck Center also provided community-based employment that matches adults with disabilities with jobs in the public and private sectors. There is ongoing job coaching, vocational training and job placement at over 70 local businesses to help students gain new skills, independence and self-efficacy.</p>
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Siletz Education Department			
Website	www.ctsi.nsn.us		
Phone	541-444-2532		
Address	201 Se Swan Avenue		
City, State, Zip	Siletz	Oregon	97380
Email	N/A		
Description	Siletz tribal members in high school can apply to work in the summer (TYEE= Tribal Youth Employment and Education) and apply for higher education program & Adult Vocational Training Program their senior year in high school. Adult Education assists tribal members within the 11-county service area with skill development classes and General Education Development (GED) classes to obtain and retain employment . These services are free to Siletz tribal members. Information about summer youth employment is put in the Siletz News and a mail out.		

Siletz Tribal Vocational Rehabilitation			
Website	www.ctsi.nsn.us		
Phone	541-444-2532		
Address	201 Se Swan Avenue		
City, State, Zip	Siletz	Oregon	97380
Email	N/A		
Description	The primary goal of this program is to assist and prepare participants to obtain and maintain successful employment, including self-employment and business ownership. Services are free and funding source is from the state Vocational Rehabilitation Program.		

Willamette Farm and Food Coalition			
Website	http://www.lanefood.org		
Phone	(541) 341-1216	(541) 341-1216	
Address	PO Box 41672		
City, State, Zip	Eugene	Eugene	Eugene
Email	N/A		
Description	The Willamette Farm & Food Coalition is an organization that actively educates Lane County students about where food comes from and works to incorporate locally grown produce into meals served in schools. The Goals		

of the farm to school program include:

- Increasing knowledge of where food comes from,
- Improving students nutrition by exposing students to a wide array of fruits and vegetables and develop markets for local farms and connect students to the source of their food.

With this in mind, there are a number of educational activities each fall and spring that increase knowledge for students. These activities include:

- An introductory lesson about where our food comes from,
- Farm field trips,
- A harvest meal,
- School garden sessions,
- Nutrition lessons,
- Tasting tables and
- Farm field trips.

Also, there are opportunities for students to participate in garden sessions where students will help plant, tend and harvest vegetables. The Willamette Farm & Food Coalition is supported by a number of local businesses and organizations that can be found on the coalition's website.