

Community Resource Guide



The Nashville metro area has many agencies and organizations that help students with disabilities as they transition from school to adult life. However, it is often overwhelming to navigate the complex constellation of organizations, agencies, and services that can provide assistance during the transition process. The

TennesseeWorks Partnership has adapted a community resource guide the Center on Secondary Education for Students with Autism (CSESA) compiled for the Nashville region to help teachers know about all of the supports available to their students. These resources include:

- Advocacy Supports
- Employment Agencies/Organizations
- Postsecondary Opportunities
- Transportation Supports
- Disability Resources for Immigrant or Spanish-speaking Families
- General Disability Resources
- Disability-Specific Resources
- Recreation Programs, Day Services, and Respite Care Services
- Helpful Websites

To access this guide online, please visit www.tennesseeworks.org/community-resource-guide

Advocacy Supports for Parents

Disability Law & Advocacy Center (DLAC) of Tennessee	Advocacy, training, and mediation for Tennesseans with disabilities	2416 21st Avenue South Suite 100 Nashville, TN 37212	(615) 298-1080 Toll-Free: (800) 342-1660 www.dlactn.org
The Kids' Rights Program	Advocacy and legal representation for students with disabilities in Metropolitan Nashville Public Schools (MNPS).	Juvenile Justice Center 100 Woodland Street Nashville, TN 37213	(615) 880-3710
Legal Aid Society of Middle Tennessee & The Cumberland, Nashville	Free legal help to low-income families	300 Deaderick Street Nashville, TN 37201	(615) 244-6610 Toll-Free: (800) 238-1443 www.las.org
Special Education Advocacy Center	Advocacy for educational rights and family support for students with disabilities; services are non-legal	4322 Harding Pike, Suite 417, PMB 87 Nashville, TN 37205	(615) 777-8515 www.specialeducationadvocacycenter.org
STEP- Support and Training for Exceptional Parents	Workshops, trainings, support with IEP meetings	955 Woodland Street Nashville, TN 37206	615-463-2310 www.tnstep.org
Tennessee Justice Center	Public law and advocacy firm specializing in helping families with special needs	301 Charlotte Avenue Nashville, TN 37201	(615) 255-0331 Toll-Free: (877) 608-1009 www.tnjustice.org

Employment

Access AmeriCorps	Work placements, benefits, and scholarship opportunities for people with	Wm. Snodgrass TN Tower 12th Floor 312 Rosa L. Parks Blvd Nashville, TN 37243	DelRay Zimmerman Volunteer Tennessee (615) 253-2990 DelRay.Zimmerman@tn.gov http://www.tn.gov/finance/adm/vt/tnaccessameriCorps.shtml
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	disabilities who are at least 17 and working towards a GED		
Benefits to Work Project, TN Disability Coalition	Analysis of SSI benefits to help individuals make informed employment choices	955 Woodland Street Nashville, TN 37206	888-839-5333 615-383-9442 http://tndisability.org/benefitstowork
Center for Independent Living of Middle TN, Inc.	Support for being self-advocates about living arrangements, transportation, employment, social and recreational activities, etc.	955 Woodland Street Nashville, TN 37206	(615) 292-5803 http://www.cilmtn.org/
Center for Living and Learning, Nashville, Inc.	Vocational training (horticulture, bike repair shop, and arts/crafts program)	P.O. Box 50272 Nashville, TN 37205	(615) 269-9932 francenter@bellsouth.net www.centerforlivingandlearning.com
Community Options, Inc., Nashville	Supported employment, housing, and advocacy for people with intellectual disabilities	2815 Patriot Way Nashville, TN 37214	(615) 885-1099 http://www.comop.org/about-us/our-offices/tennessee/
GEAR Foundation	Thrift store that employs people with developmental disabilities	1018 Columbia Avenue Franklin, TN 37064	(615) 591-9612 www.ourthriftstore.org
Goodwill Industries, Inc. - Middle Tennessee	Paid work training in retail, hospitality, donations, or production/warehouse	937 Herman Street Nashville, TN 37208	(615) 346-1237 Toll-Free: (800) 545-9231 http://goodwillcareersolutions.org/index.php?option=com_content&view=article&id=67&Itemid=195
Project Opportunity at Vanderbilt University	Tuition-free job training and educational/employment opportunities within Vanderbilt for people with disabilities	Monroe Carell Jr. Children's Hospital 2200 Children's Way Room B-320 Nashville, TN 37232	(615) 343-7773 michelle.halman@vanderbilt.edu www.childrenshospital.vanderbilt.org/projectopportunity

Statewide Independent Living Council of TN (SILC)	Support/advocacy for employment, transportation, mental health, housing	2601 Elm Hill Pike Suite O Nashville, TN 37214	(615) 255-0283 bill_k@tnsilc.org www.tennsilc.org/
Tennessee Career Center, Nashville, Metro Center	Internet access, workshops, recruitment, training, job placement, resume development	665 Mainstream Drive Nashville, TN 37243	(615) 253-8920 http://www.tennessee.gov/labor-wfd/cc/cccounty_files/davidson.shtml
Vocational Rehabilitation Regional Office, Nashville	Job training, psychological/vocational assessments, medical services for people with disabilities entering/returning to employment	400 Deaderick Street Nashville, TN 37243	(615) 741-1606 www.tn.gov/humanserv/rehab/vrs.html
The Arc of Davidson County	Family support, support coordination, advocacy, supported employment for children & adults with intellectual/developmental disabilities in Davidson and nearby counties	111 North Wilson Boulevard Nashville, TN 37205	(615) 321-5699 www.arcdc.org

Postsecondary Opportunities

Tennessee Alliance for Postsecondary Opportunities for Students with Intellectual Disabilities	An alliance of 20 organizations helping people with intellectual disabilities reach post-secondary goals after leaving high school	Vanderbilt University PMB 40 230 Appleton Place Nashville, TN 37203-5721 http://vkc.mc.vanderbilt.edu/PSEAlliance/courtney.taylor@vanderbilt.edu	(615) 322-8240 http://vkc.mc.vanderbilt.edu/PSEAlliance/about-us/
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University of Tennessee Chattanooga-MoSAIC Program	Year-long course in which students develop executive functioning and social/study skills. Students on the autism spectrum meet twice weekly with a life coach.	615 McCallie Avenue Chattanooga, TN 37403	(423) 425-4006 www.utc.edu/disability-resource-center/mosaic.php
University of Tennessee FUTURE Program	Two year non-residential program for students with intellectual disabilities focusing on academic, social, vocational, and independent living skills	431 Claxton Complex Knoxville, TN 37996 futureut@utk.edu 865-974-9176	(865) 974-9176 http://futureut.utk.edu
Next Steps at Vanderbilt University	2-year nonresidential certification program for students with intellectual/developmental	Vanderbilt Kennedy Center PMB 40 230 Appleton Place Nashville, TN 37203-5721	(615) 322-8240 http://kc.vanderbilt.edu/site/nextstep/

Disability Resources for Immigrant or Spanish-Speaking Families

Camino Seguro	Online database for disability issues, mental health, and social services. Bilingual personnel	Vanderbilt Kennedy Center PMB 40 230 Appleton Place Nashville, TN 37203-5721	(615) 479-9568 Cecilia Melo-Romie http://kc.vanderbilt.edu/pathfinder/cspage.aspx
Center for Refugees and Immigrants of Tennessee	Community service programs, interview preparation, citizenship/computer classes	295 Plus Park Boulevard Suite 102 Nashville, TN 37217	(615) 366-6868 www.centerforrefugees.org
Nashville International Center for	Direct social services and educational programs for refugees	416 Welshwood Drive, Suite 100,	(615) 315-9681 www.empowernashville.org

Empowerment	and immigrants	Nashville TN	
Nashville Financial Empowerment Center	Free, professional financial counseling. Counselors are bi-lingual and can serve Spanish-speaking clients.	298 Foster Street Nashville TN 37207	(615) 748-3620 www.nashville.gov/Mayors-Office/Priorities/Economic-Development/Financial-Empowerment-Center.aspx
STEP (Support & Training for Exceptional Parents)	Support and training for parents of students with disabilities. Services available in Spanish.	712 Professional Plaza Greeneville, TN 37745	(800) 280-STEP www.tnstep.org/spanishIndex.aspx
Tennessee School for Deaf	Translation services available. Services in Spanish available.	2725 Island Home Boulevard Knoxville, TN 37920	(865) 579-247 www.tsdeaf.org tsd@tsdeaf.org 865.579.2500
World Relief Nashville	Refugee resettlement agency	1655 Murfreesboro Pike Suite G Nashville, TN 37217	(615) 833-7735 http://worldreliefnashville.org

General Disability Resources

Department of Intellectual and Developmental Disabilities, State Office	The state agency responsible for providing services and supports to Tennesseans with intellectual disabilities	Andrew Jackson Building 15th Floor 500 Deaderick Street Nashville, TN 37243	(615) 532-6530 Toll-Free: (800) 535-9725 www.tn.gov/didd/
Department of Human Services, Davidson County	Financial, employment, protective, and rehabilitative services for Tennesseans who have disabilities or are economically disadvantaged	400 Deaderick Street Nashville, TN 37243	(615) 743-2000 www.tn.gov/humanserv/
Family Support Coordinator Department of	Family support for children and adults with severe disabilities	Middle Tennessee Regional Office 275 Stewarts Ferry Pike	(615) 884-1921 www.tn.gov/didd/family_support/

Intellectual and Developmental Disabilities, Middle Tennessee Region		Nashville, TN 37214	
Metropolitan Social Services	For Davidson County residents (counseling, homeless services, case management)	800 2nd Avenue North Nashville, TN 37201	(615) 862-6458 www.nashville.gov/sservices/
Middle and East Tennessee 2-1-1, Nashville	Community services help line; database of 10,000 health/human services programs	201 23rd Avenue North Nashville, TN 37203	800-318-9335 www.211tn.org
Tennessee Council on Developmental Disabilities	Online resources and free advocacy workshops	Davy Crockett Tower, 1st Floor 500 James Robertson Parkway Nashville, TN 37243	(615) 532-6615 www.tn.gov/cdd
Tennessee Department of Education, Special Education Division	Legal and transition resources for parents; online resources for educators	Andrew Johnson Tower 7th Floor 710 James Robertson Parkway Nashville, TN 37243	(615) 741-2851 Toll-Free: (888) 212-3162 www.tn.gov/education/speced/
Tennessee Disability Coalition	Alliance of organizations to promote full participation of people with disabilities	955 Woodland Street Nashville, TN 37206	(615) 383-9442 www.tndisability.org
Tennessee Disability Pathfinder	A database of useful disability services and resources for families in Tennessee	Vanderbilt Kennedy Center PMB 40 230 Appleton Place Nashville, TN 37203-5721	(615) 322-8529 www.familypathfinder.org
Tennessee Technology Access Program (TTAP)	Funding assistance, device demonstration, and loans for assistive technology	Citizens Plaza Building 14th Floor 400 Deaderick Street Nashville, TN 37243	(615) 313-5183 Toll-Free: (800) 732-5059 www.tn.gov/humanserv/rehab/ttap.html

Disability-Specific Resources in Nashville

Autism Engagement Center	Evaluations, family support programs, and several treatment options	109 International Drive Franklin, TN 37067	(615) 550-3570 www.autismengagement.com
Autism Society of Middle Tennessee	Educational and fun events, advocacy, resources, and support for the autism community.	955 Woodland Street Nashville, TN 37206	(615) 385-2077 Toll-Free: (866) 508-4987 http://autismtn.org/
TRIAD Outreach and Training,	Assessment/treatme	230 Appleton Place	(615)-322-7565

Vanderbilt Kennedy Center	nt services for children/youth with ASD and their families	Nashville, TN 37203	http://triad.vanderbilt.edu
Tennessee Services for the Blind and Visually Impaired	Vocational rehabilitation, independent living services, deaf-blind services	Citizens Plaza Bldg. 14th Floor 400 Deaderick Street Nashville, TN 37243	(615) 313-4914 Toll-Free: (800) 628-7818 www.state.tn.us/humanserv/rehab/bvis.html
TREDS (TN Deafblind Project)	Training for families, educators, professionals, and people ages birth through 21 with hearing and vision loss	Division of Developmental Medicine, Vanderbilt 3401 West End Ave., Suite 460 Nashville, TN 37203	(615) 936-0262 www.treds-deafblindproject.com
Brain Injury Association of Tennessee	Information, support and referral services for survivors of traumatic brain injury	955 Woodland Street Nashville, TN 37206	(615) 248-2541 www.braininjurytn.org
Down Syndrome Association of Middle TN (DSAMT)	Information, meetings/workshops, social/recreational activities, support groups, conferences, advocacy, summer camps	111 N Wilson Boulevard Nashville, TN 37205	(615) 386-9002 www.somethingextra.org
The Down Syndrome Clinic, Monroe Carell Jr. Children's Hospital at Vanderbilt	Clinic consultations and health care information for people with Down Syndrome and their families	6144 Doctors' Office Tower 2200 Children's Way Nashville, TN 37232	(615) 343-3696 http://www.childrenshospital.vanderbilt.org/interior.php?mid=254
Epilepsy Foundation of Middle & West Tennessee	Free information and referrals, individual/group counseling, summer camps	95 White Bridge Road Suite 215 Nashville, TN 37205	(615) 269-7091 Toll-Free: (800) 244-0768 www.epilepsytn.org
The Arc of Davidson County	Family support, support coordination, advocacy, supported employment for children & adults with intellectual/developmental disabilities in Davidson and	111 North Wilson Boulevard Nashville, TN 37205	(615) 321-5699 www.arcdc.org

	nearby counties		
Best Buddies Program, Tennessee	Opportunities for one-to-one friendships, integrated employment, and leadership development for people with intellectual and developmental disabilities	116 Wilson Pike Circle Suite 205 Brentwood, TN 37027	(615) 891-2046 www.bestbuddiestennessee.org

Support Services: Day Services, Recreation, Respite Care

ABLE Youth	Helps people ages 3-22 in wheelchairs to live independently and participate in sports	4316 Prescott Road Nashville, TN 37204	(615) 973-5372 www.ableyouth.org
ArtSpeaks Art Therapy Enrichment and Services	Individual/group art therapy for people with disabilities (home, school, or day program)	700 Wilsonwood Place Nashville, TN 37206	(217) 204-1562 tg.artspeaks@gmail.com
Camp Will: Therapeutic Summer Day Camp	Specialized day camp for peoples ages 6-23 with physical/developmental disabilities	1120 Hillsboro Road Franklin, TN 37064	(615) 790-5719 www.wcparksandrec.com/seniors-therapeutics/activities
Metro Parks and Recreation Department (Disabilities Programs)	Adult day program, monthly weekend activities; summer day camps for adults/children	2801 Tucker Road Nashville, TN 37218	(615) 862-8479 http://www.nashville.gov/Parks-and-Recreation/Community-Centers-and-Recreation/Disabilities-Recreation-Programs.aspx
Musical Bridges (music therapy)	Music therapy services for individuals with disabilities in the Nashville area	8011 Brooks Chapel Road Brentwood, TN 37024	(888) 687-2734 www.musicalbridges.com
Positive RePercussions (music therapy)	Group therapeutic drumming	5901 Labrador Lane Antioch, TN 37013	(615) 669-3786 www.positiverepercussions.com
Special Olympics Tennessee	Sports training and athletic competition for children/adults with disabilities	1900 12th Avenue South Nashville, TN 37203	(615) 329-1375 www.specialolympicstn.org
Sports 4 All	Equipment, programs, and	5827 Charlotte Pike	(615) 354-6454

	education to enable full participation in healthy activities	Nashville, Tennessee 37209	www.s4af.org
YMCA, Bellevue (Full Circle Program)	Free swim lessons and other activities (e.g., soccer) for children with disabilities	8101 Highway 100 Nashville, TN 37221	(615) 646-9622 www.ymcamidtn.org
YMCA, Brentwood (Full Circle Program)	Free swim lessons and other activities (e.g., soccer) for children with disabilities	8207 Concord Road Brentwood, TN 37027	(615) 373-9622 www.ymcamidtn.org
YMCA, Donelson-Hermitage (Full Circle Program)	Free swim lessons and other activities (e.g., soccer) for children with disabilities	3001 Lebanon Road Nashville, TN 37214	(615) 889-2632 www.ymcamidtn.org
MillarRich, LLC	Respite care for families	4535 Harding Road Suite 210 Nashville, TN 37205	(615) 564-7177 www.millarrich.com
Stone Soup, Nashville	Regularly scheduled respite on Friday nights for children and young adults with special needs and their siblings; rate is \$5 per night	4900 Franklin Road Nashville, TN 37220	(615) 693-7887 www.stonesoupnews.com
Tennessee Respite Coalition	Respite care for families	19 Music Square W Nashville, TN 37203	(615) 269-8687 www.tnrespite.org

Transportation Supports

Metropolitan Transit Authority, Nashville	People with disabilities get reduced fare of 85 cents; if disability prevents access to regular MTA buses, see Access Ride Program	430 Myatt Drive Nashville, TN 37115 http://www.nashvillemta.org (615) 862-5950
Metropolitan Transit Authority (Access Ride)	Specialized van services for persons with disabilities who are unable to use regular fixed-route buses. Door-to-door transit service within Davidson County	430 Myatt Drive Nashville, TN 37115 http://www.nashvillemta.org (615) 862-5950

Helpful Websites

Career OneStop	Career OneStop is the pathway to career success with tools to help job seekers, students, businesses, and career professionals. Sponsored by the Department of Labor.	http://www.careeronestop.org/
JobTIPS	JobTIPS Student online program	http://do2learn.com/JobTIPS/index.html

	offers real world examples and assistance to teens and adults transitioning to the workplace.	
National Secondary Transition Technical Assistance Center (NSTTAC)	The National Secondary Transition Technical Assistance Center (NSTTAC) is a national technical assistance and dissemination center focused on research-based transition practices.	http://www.nsttac.org/
Project Search	The Project Search High School Transition program is a unique, business-led, school-to-work program that takes place entirely at the workplace.	http://www.projectsearch.us/
Youth on the Move	Youth on the Move is designed to provide information, strategies, and resources to transition navigators-teachers, counselors, family members, and community providers.	http://www.youth-move.org/
Youth to Work Coalition	The purpose of the Youth to Work Coalition is to provide resources that link employers and schools to work-based learning experiences for youth with disabilities.	http://www.nsttac.org/ytw/home
TennesseeWorks	TennesseeWorks is a partnership of agencies and organizations focused on increasing employment outcomes for individuals with disabilities.	www.tennesseeworks.org