

Kayla's Transition Portfolio: Housing Needs and Preferences

1. Who do you want to live with? (e.g., with family, with friends, alone)

I want to live by myself or with a female roommate my age.

2. What kind of housing do you want? (e.g., in a condominium, apartment, house)

An apartment with a swimming pool, or a dorm if I go to college.

3. How will you pay your bills? (e.g., rent, utilities)

I don't know. My parents said they would help me if I go to college.

4. What types of supports do you need to live independently? (e.g., help dressing)

My mom helps me get dressed in the morning when I can't get my clothes on by myself. I'm not very good at cooking. I need help going up and down stairs. I want an apartment with an elevator or that doesn't have stairs.

5. Do you go to bed early or stay up late?

I go to bed early and read in bed.

6. Do you like being around people or prefer to be alone?

It depends. Sometimes I like to be around people but other times I like to be alone.

7. What household chores do you do now?

My mom wants me to keep my room clean. I do this some of the time. I throw my dirty clothes in the laundry room.

8. How are you going to get around – what kind(s) of transportation will you need?

I can't drive. I take the school bus or my mom drives me.

9. What are your interests? What kinds of activities do you do for recreation and leisure?

I like to hang out at the mall, go to movies, and read.

10. What other preferences do you have for your living space?

I DON'T LIKE LOUD MUSIC. My sister plays her music loud all the time and it drives me crazy.