Objective
To gain a better understanding of the challenges that often accompany a visual impairment.

Overview
Many daily living skills are impacted by the challenges that come with a visual impairment. Teachers can most empathize and assist with these challenges if they have experienced some of them firsthand or have close contact with those who do. This activity will provide an opportunity to experience some of those challenges and think about ways of overcoming them.

Activity
In this activity, you will experience some of the challenges of a visual impairment by finding your way around your school campus blindfolded. Team up with a partner and take turns being blindfolded for thirty minutes. Be sure to do the following:

- Cross a street.
- Climb a flight of stairs.
- Purchase a snack at the snack bar.
- Use the restroom.

Be prepared to discuss in class some of the things you experienced.