

Intellectual Disability: The Other Sister (Movie) Est. Time: 2 Hours Viewing/45 Minutes Class

Objective

Gain a better understanding of the independence levels that individuals with intellectual disabilities (ID) can achieve.

Overview

Carla is a young woman with an intellectual disability (ID). Although her overprotective mother shelters her, Carla wants to become more independent. As such, she moves into her own apartment and enrolls in a local vocational college. At school she meets Danny, who also has ID. As they fall in love, Carla's mother becomes nervous. She objects to the relationship, but Carla proves that she and Danny can handle life on their own.

Activity

View the following movie and be prepared to discuss the questions below in class.

Title: *The Other Sister* (1999)

Studio: Touchstone

For Your Information

To learn more about intellectual disabilities before completing this question, visit:

- [Intellectual Disability](#) (Center for Parent Information and Resources)

Questions/Discussion Topics

1. What comes to mind when you think of someone with an intellectual disability? What level of independence do you think individuals with an intellectual disability can realistically achieve?
2. Think about the level of independence exhibited by Carla and Daniel. Write down five realistic characteristics as well as five unrealistic characteristics regarding their level of independence. Be prepared to explain your choices.
3. Describe the ways that Carla and Daniel were similar as well as different than your initial impressions about individuals with an intellectual disability.