

## Traumatic Brain Injury: Regarding Henry (Movie) Est. Time: 2 Hours Viewing/45 Minutes Class

### Objective

Gain a better understanding of the challenges sometimes faced by individuals that experience a traumatic brain injury (TBI).

### Synopsis

Henry Turner, a wealthy, arrogant, win-at-all-costs, highly successful lawyer, seemed to have it all: a perfect wife, a perfect daughter, a perfect life. Everything changed, however, when Henry was shot during a holdup resulting in a traumatic brain injury. In the process of relearning the most basic skills—walking, reading, getting dressed in the morning—Henry realized he was no longer the person he was before the incident.

### Activity

View the following movie and be prepared to discuss the questions below in class.

Title: *Regarding Henry* (1991)

Studio: Paramount

#### For Your Information

To learn more about TBI, visit:

- [Traumatic Brain Injury](#) (Center for Parent Information & Resources)
- [Get the Facts about TBI](#) (Centers for Disease Control and Prevention)

### Questions/Discussion Topics

1. What areas of Henry's functioning were affected by his injury?
2. What was the initial reaction of his family when they noticed the changes in Henry?
3. What steps did Henry go through to try and regain mobility, speech, and memory?
4. Compare Henry's life before and after the accident. How did his personality and personal relationships change?
5. Does this movie realistically portray an individual with traumatic brain injury? Explain.
6. How did family support impact Henry's rehabilitation?