

Parents:

Supporting Learning During the COVID-19 Pandemic

Use this outline to follow along with the module's main features. The blank "Notes" panels below each section are interactive and can be filled in using Adobe Acrobat. Otherwise, print this document and record your notes by hand.

Module Home

- Module Description: This resource offers tips to support your child's learning at home during the COVID-19 pandemic.
- *STAR Legacy Cycle*
- Related to This Module
 - Link: Module Outline
 - Video: Navigating an IRIS *STAR Legacy* Module
 - Link: IRIS and Adult Learning Theory
 - Wrap-Around Content Map

Challenge

- Video: Distractions, tech issues, 4th-grade math...all over the world, parents are doing their best to meet the challenge of supporting their children's education in a time when schools are forced to adapt in response to COVID-19.

Notes

Initial Thoughts

- As a parent, what is my role, and what can I do to best support my child's education?

Notes

Parents: Supporting Learning During the COVID-19 Pandemic

Perspectives & Resources

❖ Module Objectives

- After completing the entire Perspectives & Resources section and reviewing the accompanying activities, the learner will be able to:
 - Your role in supporting your child's learning
 - How to prepare for learning at home
 - How to set routines and behavior expectations for your child
 - How to support your child's learning during school closures
 - Tips for supporting learning in reading and math
 - How to support you and your child's social and emotional wellness
 - Ways to support learning for your child who has a disability
- This IRIS Module aligns with the following licensure and program standards and topic areas...

Notes

❖ Page 1: What Is My Role?

- Supporting your child's learning from home: What is your role? What is not your role?
 - Supporting learning means... [bullet points with links]
 - Link: Module Page 2
 - Link: Module Page 4
 - Link: Module Page 7
 - Keep In Mind
- Tips [bullet points]
- Keep In Mind

Notes



Parents: Supporting Learning During the COVID-19 Pandemic

❖ Page 2: How Do I Get My Child Ready To Learn?

- Create a Learning Space
 - Tip: Limit Common Distractions [box with bullets]
 - Common challenges [drop-down menus]
 - I have several children and a small living space. How can I create a learning space for each?
 - Space dividers [photo slideshow]
 - How can I minimize the number of distractions in my house?
 - Helpful Resources [box with links]
 - Link: How can I help my elementary child stay focused during online learning?
 - Link: ¿Cómo puedo ayudar a mi hijo(a) que asiste a la escuela primaria a mantenerse concentrado(a) durante la enseñanza virtual?
 - Link: My child says she doesn't like online learning. How can I help?
 - Link: Mi hijo(a) dice que no le gusta la enseñanza virtual. ¿Cómo puedo ayudarlo(a)?
 - Link: Motivating Children to Do Their Homework: Parent's Guide

Notes

❖ Page 3: How Do I Set Routines and Behavior Expectations for My Child?

- Set a Routine
 - Keep In Mind
 - Start with your school's online learning schedule
 - Create the schedule with your child
 - Consider how long your child can stay focused
 - Table: Suggested activity length by age group
 - Tip
 - Offer a mix of activities
 - Link: Module Page 4
 - Link: Module Page 7
 - Be flexible

Parents:**Supporting Learning During the COVID-19 Pandemic**

- Tweak the schedule as needed
- Resources To Create a Routine and Schedule [box with drop-down menus and links]
 - Elementary Routine
 - Elementary Schedule
 - Middle and High School Routine
 - Middle and High School Schedule
 - Link: Blank schedule form [Word Doc]
 - Link: Khan Academy sample schedules
 - Link: Self-Determined Schedule Making
- Common challenges [drop-down menus with links]
 - My younger children are having difficulty following the schedule
 - Link: Sample visual schedule
 - My child frequently asks for help
 - Link: Module Page 8
 - My child is having trouble staying focused on a learning activity
- Set Expectations for Behavior
 - Tell your child what you expect
 - Make sure what you expect is reasonable
 - Actively monitor your child's online learning
 - Include parent-child time in your schedule
 - Teach your child how to ask for help
 - Praise and reward expected behavior
 - Common challenges [drop-down menus with links]
 - My child is doing other things when he's supposed to be learning at home
 - Link: Blank behavior contract
 - My child is playing computer games or on social media instead of working
 - Link: Apple support page
 - Link: Android support page
 - Helpful Resources [box with links]
 - Link: How can I help my elementary child stay focused during online learning?
 - Link: ¿Cómo puedo ayudar a mi hijo(a) que asiste a la escuela primaria a mantenerse concentrado(a) durante la enseñanza virtual?
 - Link: My child says she doesn't like online learning. How can I help?
 - Link: Mi hijo(a) dice que no le gusta la enseñanza virtual. ¿Cómo puedo ayudarlo(a)?
 - Link: Supporting Families with PBIS at Home
 - Link: Using Rewards To Improve Behavior



Parents: Supporting Learning During the COVID-19 Pandemic

Notes

❖ Page 4: How Do I Find Out What My Child Should Be Learning?

- Multiple forms of learning [bullet points]
- To keep up with your child's school, you can... [bullet points]
- Stay in Contact with Your Child's Teacher or School
 - To find out what your school or district is doing, you can... [bullet points]
 - High School Seniors [box with bullets]
- Support Learning Opportunities Provided by the School
 - Encourage your child
 - Be there to help
 - Ask questions
 - Link: Conversation Starters for Discussing Teaching Approaches with Teachers
 - Help your child stay on track
 - Link: Module Page 3
- Find or Create Learning Opportunities for Your Child
 - Keep in Mind
 - For Your Information
 - Pick one or two subjects
 - Find resources
 - Link: Wide Open School
 - Find out what the activity requires
 - Make sure your child... [bullet points]
 - Be sure your child can do the activity
 - Listen to your child
 - Link: Module Page 8
 - Embed learning opportunities into everyday activities



Parents: Supporting Learning During the COVID-19 Pandemic

Notes

❖ Page 5: How Can I Support My Child in Reading?

- You *can* support your child's reading
 - Have your child read a little each day
 - Let your child listen to books
 - Think about reading options
 - Embed reading in everyday activities
- Supporting Learning at Home [box with links]
 - Link: Module Page 2
 - Link: Module Page 3
 - Link: Module Page 4
 - Link: Module Page 7
- Common challenges [drop-down menus with links]
 - My child doesn't like reading, finds it difficult, or simply refuses to do it
 - My young child is just learning to read
 - Link: How to creatively practice phonics with your child [video]
 - Link: Word play ideas
 - Link: Activities to help your child with sounding out words [video]
 - Link: How to talk about a book
 - My child is a slow reader and makes a lot of mistakes
 - Link: Ideas on how to sit and read with your child
 - Link: Watch a parent ask her child questions while he reads [video]
 - My child has trouble understanding what he reads
 - Link: Tips on the retelling a story strategy
 - Link: A parent helps her child summarize a story [video]
 - Link: Information about partner reading
 - Link: Information about asking and answering questions
 - Link: Watch a parent help her son with new words as he reads [video]
 - Link: Tips on identifying a story's main idea



Parents: Supporting Learning During the COVID-19 Pandemic

- Helpful Reading Resources [box with links]
 - Link: How Can I Help My Teen with Their Reading Skills in Different Subjects?
 - Link: Supporting Your Child's Reading at Home
 - Link: Tips for Supporting Reading Skills at Home

Notes

❖ Page 6: How Can I Support My Child in Math?

- You *can* support your child's math learning
- Support Learning at Home [box with links]
 - Link: Module Page 2
 - Link: Module Page 3
 - Link: Module Page 4
 - Link: Module Page 7
- Tip
- Common challenges [drop-down menus with links]
 - My child doesn't like math, finds it hard, or refuses to do it
 - My young child is just learning to count
 - My young child is just learning shapes
 - My child has a hard time understanding basic math concepts
 - For Your Information
 - Link: Addition [video]
 - Link: Subtraction [video]
 - Link: Multiplication [video]
 - Link: Division [video]
 - Helpful Resources About Using Visual Representations [box with links]
 - Link: Using Visual Representations to Assist Elementary and Middle School Students Struggling with Math
 - Link: 7 Math Tools for Grade-Schoolers You Can Find at Home



Parents:

Supporting Learning During the COVID-19 Pandemic

- My child has a hard time remembering basic math facts
- My child complains that I'm not explaining math the way his or her teacher does
 - Link: Khan Academy
 - What Are Parents Saying? [box with link]
 - Link: Math Homework Almost Broke Me
- Helpful Math Resources [box with links]
 - Link: Wide Open School
 - Link: Preschool
 - Link: Grades K–2
 - Link: Grades 3–5
 - Link: Grades 6–8
 - Link: Grades 9–12

Notes

❖ Page 7: How Can I Support My Child Socially and Emotionally?

- You're probably sick of hearing the term "the new normal"
- There are things you can do [bullet points]
- Reduce Your Child's Stress
 - Keep In Mind
 - How can you tell whether your child is stressed? [bullet points]
 - Common concerns [drop-down menus with links]
 - My child is concerned about COVID-19 and the health of our family
 - Link: Centers for Disease Control
 - Link: Talking to Your Child About COVID-19: Early Childhood
 - Link: Talking to Your Child About COVID-19: Preschool
 - Link: Talking to Your Child About COVID-19: Elementary
 - Link: Talking to Your Child About COVID-19: Middle School
 - Link: Talking to Your Child About COVID-19: High School
 - Link: Talking to Your Child About COVID-19: High School and College Seniors
 - My child is worried and is not acting like him or herself

Parents: Supporting Learning During the COVID-19 Pandemic

— Link: Helping Children Cope with Emergencies

- Help Your Child Stay Connected to Friends and Family
 - For Your Information
 - Link: 4 Tips for Talking to Your Kids About Good Online Behavior
 - Your child can also connect with family and friends by... [bullet points]
 - Spend a few minutes of quality-time with your child
 - Allow your child to connect with family and friends
 - Link: Social Interaction While Social Distancing
 - Encourage your child to help others
- Encourage Your Child To Be Active and Have Fun
 - Schedule time for physical activity
 - Link: Module Page 3
 - Plan time for fun
 - Get outside
 - Tip
 - Helpful Resources [box with links]
 - Link: Wide Open School
 - Link: Preschool
 - Link: Grades K–2
 - Link: Grades 3–5
 - Link: Grades 6–8
 - Link: Grades 9–12
 - Link: 9 Indoor Activities for Hyperactive Kids
 - Link: Distance Learning is Emotional Work: Tips for Parents and Caregivers

Parents: Supporting Learning During the COVID-19 Pandemic

❖ Page 8: What If My Child Has a Disability?

- You might have questions about how to support a child with a disability from home... [bullet points]
- Stay in Touch with Your Child's School
 - To do this... [bullet points]
 - For Your Information
 - Link: teletherapy [definition]
- Discuss Special Education Services and Supports
 - Types of distance learning [bullet points]
 - Changes to special education services or supports [drop-down menus with links]
 - Review the IEP or 504 Plan
 - Virtual IEP Meeting
 - For Your Information [box with links]
 - § Link: Center for Parent Information and Resources (CPIR)
 - § Link: Virtual IEP Meeting Tip Sheets
 - § Link: Understanding IEPs
- Support Your Child's Individualized Learning Needs at Home
 - Things you can do [bullet points with links]
 - Link: Module Page 2
 - Link: Module Page 3
 - Link: Module Page 4
 - Link: Module Page 7
 - Keep In Mind
 - Ask the teacher(s)
 - Ask your child
 - Link: IEP Accommodations During Distance Learning
 - Common challenges [drop-down menus with links]
 - My child has difficulty staying focused
 - What Are Parents Saying? [box with link]
 - § Link: My 5 Parenting Rules for Letting Go and Getting Through the Coronavirus Crisis
 - For Your Information [box with links]
 - § Link: TIES Center
 - § Link: Getting "Unstuck:" Tips to Help Your Child if They Get Stuck with Their Remote Learning
 - § Link: Time Management During Distance Learning
 - My child doesn't read well
 - Link: text-to-speech [definition]



Parents: Supporting Learning During the COVID-19 Pandemic

- Link: Bookshare
- For Your Information [box with links]
 - § Link: What Accessibility Settings On My Devices Can Help My Child With Special Needs?
 - § Link: Android Accessibility Overview
 - § Link: Apple Accessibility Support
 - § Link: Google Accessibility
 - § Link: Microsoft Word Accessibility
- My child has difficulty understanding what she reads
 - For Your Information [box with link]
 - § Link: 7 Tips to Help Kids Understand What They Read
- My child has trouble following directions
 - For Your Information [box with links]
 - § Link: Why Some Kids Have Trouble Following Directions
 - § Link: Slow Processing Speed: What You Need to Know
- The instruction provided by the school is not accessible for my child
 - Link: Bookshare
 - Link: National Center on Accessible Educational Materials
 - Link: National Center on Deaf-Blindness
 - Link: National Deaf Center on Postsecondary Outcomes
- Tip
- Helpful Resources [box with links]
 - Link: Center for Parent Information and Resources (CPIR)
 - Link: Coronavirus Suite Landing Page
 - Link: Center on Positive Behavioral Interventions and Supports (PBIS)
 - Link: 4 Resources to Support Students During the Pandemic
 - Link: Supporting Families With PBIS At Home
 - Link: National Center on Improving Literacy (NCIL)
 - Link: National Center on Intensive Intervention (NCII)
 - Link: Tips for Parents
 - Link: Implementation of Reading Lesson: Parent Example
 - Link: Implementation of Mathematics Lesson: Grandparent Example
 - Link: Understood
 - Link: Special Education and the Coronavirus: Legal FAQs About IEPs
 - Link: Coronavirus: Latest Updates and Tips
 - Link: U.S. Department of Education's COVID-19 ("Coronavirus") Information and Resources for Schools and School Personnel
 - Link: Questions and Answers on Providing Services to Children with Disabilities During the COVID-19 Outbreak

Parents:

Supporting Learning During the COVID-19 Pandemic

- Link: Supplemental Fact Sheet Addressing the Risk of COVID-19 in Preschool, Elementary and Secondary Schools While Serving Children with Disabilities
- Link: Office of Special Education Program's Continuity of Learning During COVID-19
 - Link: Early Childhood Technical Assistance Center (ECTA) COVID-19 Resources and Information Webpage
 - Link: National Center for Systemic Improvement (NCSI): COVID-19 Resource Hub for Supporting Students With Disabilities
 - Link: Practices and Resources to Support Parents and Families
- Explanatory footnote

Notes

❖ Page 9: References & Helpful Resources

- Suggested module citation
- References
- Helpful Resources

❖ Page 10: Credits

- Suggested module citation
- Module Developers
- Content Expert Reviewer
- Module Production Team

Wrap Up

- Summary of the module
- Interactive checklists
- Link: Give us your feedback

Parents: Supporting Learning During the COVID-19 Pandemic

Notes

Assessment

- Parting thoughts
- Checklist
- Link: Give us your feedback

Notes

You Have Completed This Module

- Give Us Your Feedback