

## Asthma

Est. Time: 1 Hour

### Objective

Develop a better understanding of asthma and its impact on student learning.

### Overview

Asthma is the most common chronic disease in children, affecting over 6 million children in the U.S. Despite the common occurrence of asthma, many educators may not be aware of how the disease can affect student's learning. If not managed, asthma can have a profound impact on a child's education. For instance, asthma can lead to chronic absenteeism, poor attention in the classroom, and the limited ability to participate in physical activities. To better meet the needs of students with asthma it is helpful if educators have a general understanding of characteristics of asthma as well as the types of services that can be provided to support these students.

### Activity

Thoroughly review the Asthma and Allergy Foundation of America Website (<http://www.aafa.org/>) and answer the following questions.

1. Discuss the symptoms and triggers of asthma.
2. How might this condition affect student learning and participation in school?
3. How are students with asthma protected by the Americans with Disabilities Act?
4. As a teacher, what do you think you can do to support missed learning opportunities?
5. In January of 2021, the School-Based Allergies and Asthma Management Program Act (H. R. 2468) was signed into law. What does this law entail and how will it help students with asthma?